

SWEET TREATS

Freshly Baked Cookies 21

A Baker's Dozen of Oatmeal Raisin or Oatmeal Chocolate Chip

Brownie Sheet 39

Great for birthdays and office celebrations!

Serves 15-30 (Individual Brownie 2.50)

Sweet Twosome 29

Enjoy both with half of each, Cookie & Brownie.

Serves 12-18

Harvest Fruits VEGGIE NUTS 39

A combination of fruit, including Fall's Harvest of apples and pears, sprinkled with roasted walnuts and drizzled with our Honey Balsamic Syrup. Served with a variety of freshly baked breads and locally made Apple Butter.

Serves 8-10

Cheeses & Fruits VEGGIE NUTS 75

Selection of local and imported cheeses, perfect with a glass of one of our organic wines! Served with fresh, seasonal fruit and assorted breads.

Serves 8-10

Charcuterie Plate 95

Selection of hand cut meats, sourced from Olli Salumeria in Mechanicsville, VA, and seasonal cheeses, with fresh breads from The Flour Garden, and a delicious dollop of local Chutney from Virginia Chutney Co., in Washington, VA.

Serves 8-10

We're able to deliver our organic, biodynamic, sustainable or local wines and local and craft beers to accompany your farm fare. Please ask!



SNACK TIME

Nuts & Seeds* 30

An assortment of nuts, dried fruits and seeds. Choice of roasted almonds, raw walnuts, pistachios, raisins, craisins, and pumpkin seeds. serves 8-10

Snack Bars 40

A fun and delicious way to energize! Choose from Health Warrior, KIND, RXBar, Fig Bar, and Clif Organic.

serves 8-10

Chocolate Delight 40

Everyone loves chocolate! A combination of chocolate bars Ritter Sport, Chocolive, Divine, and Justin's.

serves 8-10

* Availability may vary seasonally

THE TROUGH

We're proud to work with Ironclad Coffee Roasters and coffee farmers directly to provide sustainably grown, specially blended coffees. We also provide a delicious variety of organic and Fair Trade hot teas. All are served in an earth-friendly Trough. Includes 12, 8 oz. green cups, wooden stirrers, local hormone and antibiotic free milk, raw sugar, and natural low calorie sweetener. 19.20

YOUR CHOICE OF...

Sustainably Grown Coffee – Hot or Iced

Organic and / or Fair Trade Hot Tea

Fair Trade Iced Tea

100% Florida OJ with Lots of Pulp!

We offer a variety of delicious bottled beverages - from locally sourced spring water to all natural sodas, teas and juices.



TO-GO & CATERING

LATE FALL | October 3 – November 13, 2019



If we can walk it, we'll bring you the Farmhouse, no minimum order! Get a taste of some great local foods. Fresh baked breads and pastries from The Flour Garden, Prairie Grain Bakery and annaB's gluten free, savory Farmhouse soups, and brownies from Chocolate Cravings. For more details about creating your special event, call 804.447.9028 or email catering@theurbanfarmhouse.net

Please give our Farmhands 48 hours notice for your order. (If you have a last minute request, always ask. We'll do our best to accommodate!)

1217 EAST CARY STREET | RICHMOND VA
(804) 325-3988 PHONE | (804) 482-2665 FAX

LATE FALL HOURS Monday – Friday: 6:30AM to 8PM | Saturday: 7AM to 9PM | Sunday: 7AM to 8PM

13872 COALFIELD COMMONS PLACE | MIDLOTHIAN VA
(804) 378-3366 | (804) 482-2665 FAX

LATE FALL HOURS Monday – Saturday: 7AM to 9PM | Sunday: 7AM to 6PM

3015 NORFOLK STREET | RICHMOND, VA
(804) 254-8188 | (804) 482-2665 FAX

LATE FALL HOURS Monday – Friday: 6:30AM to 9PM | Saturday: 7AM to 9PM | Sunday: 7AM to 8PM

THEURBANFARMHOUSE.NET

We aim to please – we'll call you to confirm your order!

BOX BREAKFASTS

Sandwich served with half-size Fruits of the Farm. **7.95**

Cage-Free Egg & Havarti w/ Fresh Dill **VEGGIE**

Cage-Free Egg & Local Veggie Sausage **VEGGIE**

Virginia Country Ham & Cage-Free Egg

Virginia Bacon & Cage-Free Egg

Lox & Cream Cheese With Fresh Dill* **+2**

Local Apple Butter, Unsalted Butter & Assorted Fresh Baked Breads **VEGGIE**

Harvest Fruits – Served with Fresh Baked Bread **VEGGIE** **NUTS**

Fall's last harvest of apples and pears and roasted walnuts, drizzled with a sweet balsamic syrup, with locally made apple butter and a Country Roll.



SALADS

Farmhouse Fall Salad **VEGAN**

Cranberry Bleu Salad **VEGGIE** **NUTS**

Apple Almond Crunch Salad **VEGGIE** **NUTS**

Lemony Caesar Salad **NUTS**

ADD OUR HOUSE MARINATED & BAKED TOFU FROM TWIN OAKS OR OVEN ROASTED CHICKEN **3.50**

BOX LUNCHES

Includes Whole Sandwich or Salad with Bread and served with choice of side Farmhouse Salad or side of Seasonal Fruits and a freshly baked cookie. **12.95**

Farmer's Grilled Cheese w/ Apples **VEGGIE**

Sharp New York Cheddar and locally harvested Granny Smith Apples on Campagne loaf.

Pumpkin Hummus **VEGGIE**

Coyote Cream Cheese & Harvest Veggies **VEGGIE**

Flipper Friendly Tuna Salad **NUTS**

Yellow Fin Tuna, diced red onions, kosher dill pickles and crisp romaine on 9-grain bread.

Turkey & Havarti w/ Cranberry Salsa

Sliced turkey breast, creamy Harvarti and our tangy homemade Cranberry Salsa on Campagne loaf.

AB² **VEGGIE** **NUTS**

A perfect formula! Almond butter and local Apple Butter from Tastes Like Grandma's.

Extras include Kettle Brand Chips +2 and substitute Chocolate Cravings Brownie +1

FARMHOUSE SOUPS

Ask about today's seasonal soup offerings. We have a variety of healthy, all natural soups. Nothing artificial, stocks made from scratch with fresh, hand-prepared veggies. No MSG or yeast extracts. No preservatives, additives, hydrogenated oils or modified food starches. Just yummy goodness!

8 OZ **4.95** 12 OZ **5.95** 32 OZ **14.95**

FOR A CROWD

HEN'S NEST

An assortment of our seasonal breakfast sandwiches, cut in halves or thirds and arranged in our reusable "nest."

Small, serves 6-10 **69.95**

Medium, serves 15-20 **139.95**

Large, serves 25-30 **199.95**

PASTRIES & SWEET BREADS

Assorted Pastries & Sweet Breads **28.50**

A yummy assortment, freshly baked.

Serves 6-10 **VEGGIE** **NUTS**

Full Loaf Banana Nut or **VEGGIE** **NUTS**

Seasonal Bread Serves 8-16 **16**

Homemade Pumpkin Bread Pudding **32**

Our unique seasonal recipe made with locally made pastries! Serves 9-18

BAGELS

Kettle boiled, made from scratch each day with unbleached unbromated flour, and no fats or preservatives, from Cupertino's in the West End!

Bagel Bunch (13 bagels, 2 Tubs Any Cream Cheese) **29.95**

Dozen & A Half (18 bagels) **31.95**

Baker's Dozen (13 bagels) **22.95**

Half Dozen Bagels **10.50**

Plain Cream Cheese — 8 oz. Tub **4.19**

Homemade Flavored Cream Cheese **4.95**

Coyote / Cinnamon Raisin / Harvest Veggie — 8 oz. Tub

Lox & Cream Cheese* **94.95**

Our own Farm-Fish version with Kosher Oakwood Smoked North Atlantic Salmon (no dyes or artificial preservatives), cream cheese, fresh dill and capers. Served open-face on baked that morning French style Campagne bread.

We're happy to substitute with Cupertino's Bagels for \$5.

Serves 8-10

ROOSTER'S ROOST

An assortment of our seasonal sandwiches, cut in halves or thirds and arranged in our reusable "nest" with fresh baked cookies from The Flour Garden.

Small, serves 6-10 **84.95**

Medium, serves 15-20 **184.95**

Large, serves 25-30 **299.95**

We're happy to accommodate special requests, including dietary. Just ask!

GREEN PATCH

Half Size, serves 6-10 **42.95**

Full Size, serves 15-20 **72.95**

Farmhouse Salad w/ Fresh Squash, Zucchini and Peppers **VEGAN**

Mixed greens with fresh squash, zucchini and green peppers, sprinkled with our Farmhouse vinaigrette.

Caesar Salad **VEGGIE** **NUTS**

Farmhouse style with raw walnuts and our eggless Caesar Dressing.

Please ask if you'd like to add our House Marinated & Baked Tofu or Oven Roasted Chicken.

HALF SIZE **18.95** FULL SIZE **29.95**

Pumpkin Hummus & Seasonal Veggies **VEGAN**

Our Hummus with a delicious Fall twist - our Homemade Hummus enhanced with fresh Rosemary and Sage, a hint of Nutmeg and topped with crunchy Roasted Pumpkin Seeds. All surrounded by loads of fresh veggies and sliced French Baguette from The Flour Garden.



Breakfast

2019



“Chick Pea” Continental Breakfast

\$28 per person (No Minimum)

Fruits of the Farm | Seasonal Fruits | Fresh | Dried | Nuts | Housemade Syrups | Assorted Jams
Assorted Fresh Pastries | The Flour Garden | Prairie Grain Bakery | Carpe Donut (organic and local)
Organic Granola
Organic Vanilla or Plain Greek Yogurt (individual servings)

Includes fresh breads from The Flour Garden and whipped butter infused with fresh herbs or fruit. Also includes fresh brewed Fair Trade Hot and Iced Tea and locally roasted and fresh brewed coffees from Iron Clad Roasters in Scott's Addition and 100% Orange Juice. Iced Water Station infused with fresh herbs or fruit included.

More Stuff to Know

- Kids 12 and under \$14.95
- Menu and prices subject to change without notice
- Prices DO NOT include 12.8% State and City Sales Taxes or 20% Service Charge.