

RISE & SHINE

Wake up your taste buds! Served until 10:30, weekends until 2.  
Breakfast Sandwiches are served with fresh sliced seasonal fruit!

 Cage-Free Egg & Cheddar w/ Fresh Thyme	VEGGIE	8.45
Cage-Free Egg, delicious Great Lakes Cheddar with Fresh Thyme on French Style Campagne loaf.		
Veggie Sausage & Cage-Free Egg	VEGGIE	9.45
Tasty, toasty sandwich with Veggie Sausage that tastes like the real thing!		
Virginia Country Ham & Cage-Free Egg		9.45
Slightly salty from Surry, Virginia, delicious sandwich made with cage-free egg.		
Virginia Bacon & Cage-Free Egg		9.45
Pasture raised, cage-free and no hormones or antibiotics used – on Campagne loaf from The Flour Garden.		
Lox & Cream Cheese w/ Fresh Dill*		11.95
Kosher North Atlantic Salmon (no dyes or artificial preservatives), smoked with oakwood with all the fixings - cream cheese, fresh dill and chopped red onion, and those tart little capers on open-face Campagne loaf.		
 Irish Oatmeal w/ Fresh Local Fruits	VEGAN	7.75
These oats are 100% whole grain, so contain all the combined goodness of the endosperm, bran and germ. AND with the first of the fall fruit!		
 Apple Butter, Unsalted Butter & Breads	VEGGIE	7.45
Deliciously smooth and subtly sweet Apple Butter, unsalted butter, and assorted fresh breads baked daily from The Flour Garden and Prairie Grain Bakery.		
 Fresh Fruit & Yogurt Parfait	VEGGIE	8.75
Made with Organic Vanilla Yogurt and fresh seasonal fruit, topped with Organic Granola.		
 Harvest Fruits	VEGGIE NUTS	8.95
Fall’s first harvest of apples and pears with roasted walnuts, drizzled with a sweet Balsamic Syrup, with locally made Apple Butter and a Country Roll.		
Bagels	VEGGIE	2.75
Kettle boiled, made from scratch each day with unbleached unbromated flour, and no fats or preservatives, from Cupertino’s in the West End.		
w/ Plain Cream Cheese	+4.70	Try annaB’s Gluten-Free Bagels 4.05
w/ Homemade Flavored Cream Cheese	+5.50	Plain / Everything
 Harvest Veggie / Honey Vanilla Walnut / Coyote		
ADD CHEESE +1.95 BUTTER +1.35 AVOCADO +2.25 SEASONAL FRUIT +1.95		
SUB BAGEL +1.95 SUB CROISSANT +2.95 GF BAGEL +2.95 GF BREAD +2.50		

 Seasonal Menu Item

*\*Cold smoked salmon is not cooked. Consuming raw or under-cooked seafood may increase your risk of foodborne illness.*




WARM UP

Our coffee is freshly roasted by the fine folks from Legacy Coffee Roasters in Hopewell. Lots of delicious “milk” options: Half & Half, Vanilla Soy and Almond, Oat and Coconut.

CLASSIC ESPRESSO DRINKS		
Espresso (double)	3.50	
Macchiato	4.55	
Farmhouse Cappuccino	4.55	
Cortado	4.55	
	12 oz	16 oz
Americano	3.50	4.50
Latte	4.75	5.50
Flat White	4.75	5.50
ADD ORGANIC OR SUGAR FREE FLAVOR SYRUP 1.35		
Organic: Vanilla / Hazelnut / Raspberry / Caramel / Lavender		
Sugar Free: Vanilla / Hazelnut / Caramel		
ADD ESPRESSO SHOT 2   SUBSTITUTE SOY, ALMOND, COCONUT, OR OATMILK 1.35		

BREWED COFFEE CLASSICS	12 oz	16 oz
Freshly Brewed Coffee	2.90	3.45
COFFEE REFILL 1.20		
Cafe au Lait	4.25	4.75

CAFÉ SPECIALITIES	12 oz	16 oz
Café Mocha	5.75	6.50
Coffee Toffee Latte	5.75	6.50
Maple Syrup Latte	5.75	6.50
Chai Tea Latte	5.75	6.50

Dirty Chai Tea Latte	6.75	7.25
Matcha Tea Latte	6.75	7.25
Hot Fairtrade Dark Cocoa	4.95	5.55
Vanilla Steamer	4.95	5.55
Serendipitea Hot Tea	3.85	4.45
London Fog	6.75	7.15
 Apple Cider	4.95	5.55
 Caramel Apple Cider	5.75	6.50

Bring-your-own-mug and get a 35¢ discount.



CAFÉ MENU

EARLY FALL | September 4<sup>th</sup> - October 1<sup>st</sup>, 2025

 EARLY FALL HOURS
CARY STREET: Monday – Sunday: 7AM to 7PM
EDGEWORTH BUILDING: Monday – Friday: 8AM to 3PM
MIDLOTHIAN: Monday – Saturday: 8AM to 7PM   Sunday: 8AM to 6PM

RICHMOND

1217 E. Cary Street  
Richmond, VA  
804.325.3988

EDGEWORTH BUILDING

2100 E. Cary Street  
Richmond, VA  
804.562.9246





MIDLOTHIAN

13872 Coalfield Commons Place  
Midlothian, VA  
804.378.3366




SALADS

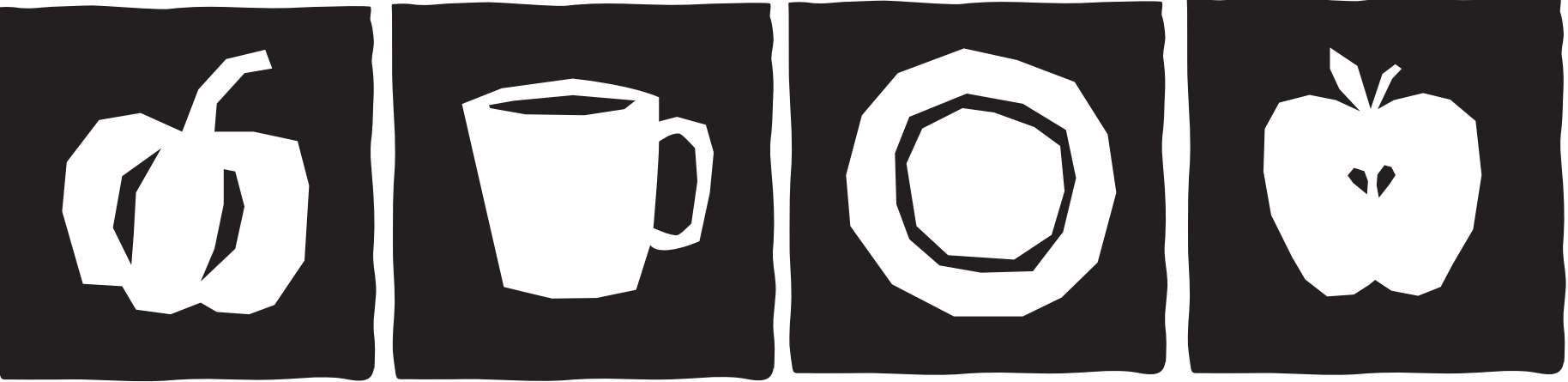
Pure joyful gluten free salads, paired with fresh baked vegan breads from The Flour Garden. Feel free to ask for gluten free bread substitutes from AnnaB's.

 <b>Farmhouse Fall Salad</b> <div>VEGAN</div>	<b>9.75</b>
Mixed greens with fresh squash, zucchini and green peppers, sprinkled with our Farmhouse vinaigrette.	
 <b>Roasted Butternut Squash Salad</b> <div>VEGGIE</div> <div>NUTS</div>	<b>12.45</b>
Mixed greens, roasted glazed butternut squash with dried cranberries, sprinkled with roasted walnuts, Parmesan and our Apple Cider Vinaigrette.	
 <b>Pear w/ Roasted Walnuts &amp; Bleu Cheese Salad</b> <div>VEGGIE</div> <div>NUTS</div>	<b>12.45</b>
Mixed greens topped with freshly roasted glazed pears and walnuts, creamy bleu cheese and drizzled with our Walnut Vinaigrette.	
<b>*Lemony Caesar Salad</b> <div>PESCO</div> <div>NUTS</div>	<b>10.25</b>
<b>w/ Antibiotic/Hormone-free Chicken</b>	<b>15.20</b>
Made with the Farmhouse's own eggless Caesar Dressing.	
 <b>This &amp; That Plate</b> <div>PESCO</div> <div>NUTS</div>	<b>13.45</b>
Some of our homemade Waldorf Tuna Salad and some of our Coyote Hummus atop mixed greens with crunchy hand-cut carrot sticks.	
EXTRA DRESSING	<b>1.25</b>
ADD OUR HOUSE MARINATED & BAKED TOFU FROM TWIN OAKS.	<b>4.95</b>

FARMHOUSE SOUPS







 <b>Farmhouse Soups</b> <div>VEGGIE</div> <div>VEGAN</div>	<b>8.25 CUP / 9.25 BOWL</b>
Ask about today's seasonal soup offerings. We have a variety of healthy, all natural soups. Nothing artificial, stocks made from scratch with fresh, hand-prepared veggies. No MSG or yeast extracts. No preservatives, additives, hydrogenated oils or modified food starches. Just yummy goodness!	

 Seasonal Menu Item



SANDWICHES

Our breads are baked fresh daily by The Flour Garden and Prairie Grain Bakery and we offer gluten free breads from AnnaB's. Sandwiches are served with your choice of freshly made Apple Slaw, Potato Chips with Himalayan Salt, or an Apple or Orange AND hand-cut carrot sticks!

 <b>Farmer's Grilled Cheese w/ Apples</b> <div>VEGGIE</div>	<b>11.25</b>
Delicious classic combination of Great Lakes Cheddar and locally harvested, tart Granny Smith Apples on Campagne loaf.	
 <b>Coyote Hummus</b> <div>VEGGIE</div>	<b>11.95</b>
Our homemade Hummus made with a Southwestern taste - cumin and chili and with a few fresh jalapenos thrown in for a bit of a kick! Delicious on 9-Grain bread.	
 <b>Coyote Cream Cheese &amp; Harvest Veggies</b> <div>VEGGIE</div>	<b>11.95</b>
A Southwestern flavor in our homemade cream cheese with cumin, chili, cheddar and fresh jalapeno peppers, topped with fresh squash, zucchini, and green pepper on 9-Grain bread.	
 <b>Waldorf Tuna Salad</b> <div>PESCO</div> <div>NUTS</div>	<b>13.45</b>
A healthy twist on this classic! Yellow Fin Tuna, crunchy apples mized with celery, raisins, and walnuts, with a dash of locally made Showalter's Apple Cider and lightly tossed with Greek Yogurt.	
 <b>Turkey &amp; Fresh Mixed Apple-Date Chutney</b>	<b>13.45</b>
Sliced turkey breast topped with our homemade fresh roasted Apple-Date Chutney and birched red onions on Campagne loaf.	
<b>Farmhouse Chicken Salad Sandwich</b>	<b>13.45</b>
Our Chicken Salad Recipe is from Grandma! We've created our Farmhouse twist by combining our oven roasted chicken breast with lots of crunchy celery, fresh parsley, Vegan Mayo and lots of tangy lemon!	
<b>Q Bleu Chicken</b>	<b>13.45</b>
Our own unique Buffalo Bleu taste with a snappy vinegar based sauce, creamy bleu cheese and birched onions.	
<b>Virginia Ham Cubano</b>	<b>14.45</b>
Bountiful combination of Virginia Ham from Padow's, here in Richmond, and pork, thinly sliced with dill pickles and Swiss Cheese, with a tangy contrast of sharp American mustard!	
<b>Farmhouse Pimento Grilled Cheese with Crispy Bacon</b>	<b>13.45</b>
Back by popular demand! But with lots of crispy bacon - messy and delicious!	
 <b>AB^2</b> <div>VEGGIE</div> <div>NUTS</div>	<b>9.95</b>
A perfect formula! Almond butter and local Apple Butter from Tastes Like Grandma's in Stuarts Draft, VA.	
<b>TOAST!</b> <div>VEGAN</div>	<b>8.95</b>
Avocado Toast or Hummus Toast. Simple but delicious! Both made in-house, on a slice of 9-Grain. Try Half of Each! Double Toast + <b>3.75</b>   Add our Oakwood Smoked Salmon + <b>4.95</b>	
<b>TWOSOME</b>	<b>13.45</b>
<b>Half-Soup / Half-Salad / Half-Sandwich</b>	
Are you urban or are you farmhouse? Can't decide? Enjoy a taste of both - pick any twosome from a Half-Soup or Half-Salad or Half-Sandwich!	
Please Note:	<b>HALF CUBANO +50¢</b>
ADD CHEESE	<b>+1.95</b>
AVOCADO	<b>+2.25</b>
SEASONAL FRUIT	<b>+1.95</b>
SUB CROISSANT	<b>+2.95</b>
GF BREAD	<b>+2.50</b>

JUICES

D

Detox

E

Energy

I

Immunity

<b>Cold War</b> <div>I</div>	16oz	<b>9.75</b>
Ginger, Garlic, Orange, & Carrot. Savory vegetable juice perfect for fighting off your winter's cold		
<b>Clean Green</b> <div>D</div>		<b>9.75</b>
Kale, Greens, Celery, Pear & Lemon. Plenty of greens to help cleanse your system and start a great day!		
<b>Juice Boost</b> <div>E</div>		<b>9.75</b>
Orange, Apple, Carrot, Kale & Ginger. All of our favorites wrapped up in one to give you that natural boost to your day. Perfect before working out		
<b>Dropping Beets</b> <div>E</div> <div>I</div>		<b>9.75</b>
Beets, Orange & Carrot. Beets complimented with carrots and oranges to create that energy your body needs.		
<b>Helen's Recipe</b> <div>E</div> <div>I</div>		<b>9.75</b>
Carrot, Apple, Lemon, & Ginger. Sweet and tangy for a great immune boost. Have this before your outdoor adventures to stay healthy and energized.		
<b>Build Your Own</b>		<b>9.75</b>
Customize your juice to how you like it. Choose up to five ingredients.		
Apple / Beets / Carrot / Celery / Garlic / Ginger / Greens / Kale / Lemon / Orange / Pear		

REFRESH

Ask about our O-B-S-L wines (Organic-Biodynamic-Sustainable-Local) and carefully selected array of craft beers!

	16oz	20 oz	16oz
<b>Iced Cold Brewed Coffee</b>	<b>4.95</b>	<b>5.25</b>	<b>FarmFrosts</b>
COFFEE REFILL	<b>1.45</b>		Our own delicious frozen blended beverages!
<b>Iced Latte</b>	<b>5.25</b>	<b>5.75</b>	<b>Coffee or Vanilla</b>
<b>Iced Mocha</b>	<b>6.25</b>	<b>6.75</b>	<b>Caramel, Mocha, or Coffee Toffee</b>
<b>Iced Maple Syrup Latte</b>	<b>6.25</b>	<b>7.25</b>	<b>FarmFrost Chai</b>
<b>Iced Chai Latte</b>	<b>6.25</b>	<b>7.25</b>	<b>6.95</b>
<b>Iced Dirty Chai Latte</b>	<b>6.25</b>	<b>7.30</b>	<b>Farmhouse Smoothies</b>
<b>Iced Matcha Tea Latte</b>	<b>7.25</b>	<b>7.75</b>	<b>6.60</b>
<b>Iced Coffee Toffee Latte</b>	<b>7.25</b>	<b>7.75</b>	Nutter Butter Banana / Ambrosia Berri
<b>Fresh Brewed Ice Tea</b>	<b>3.55</b>	<b>3.95</b>	 <b>Smoothies of the Season</b>
 <b>Fresh Brewed Flavored Iced Tea</b>	<b>4.15</b>	<b>4.55</b>	<b>6.95</b>
 <b>Iced Apple Cider</b>	<b>5.70</b>	<b>6.25</b>	A Perfect Pair - Pairing of Pear, organic soy milk, lightly sweetened with honey and a touch of vanilla!
Made with 100% Pure Cider with no additives!			<b>Farmhouse Shakes</b>
<b>Orange Juice</b>	<b>4.80</b>	<b>5.25</b>	Made with Trickling Springs Ice Cream. It's non-GMO antibiotics-free, hormone-free, Kosher and the cows are treated through homeopathic health management!
<b>Organic Iced Lemonade</b>	<b>4.15</b>	<b>4.55</b>	<b>Vanilla</b>
ADD ORGANIC RASPBERRY SYRUP	<b>2</b>		<b>6.75</b>
<b>Affogato</b>	6oz	<b>7.45</b>	<b>Chocolate</b>
A scoop of delicious Homestead Creamery ice cream (your choice - vanilla or chocolate), topped with 2 shots of our steaming hot Espresso. Yummy!			<b>6.75</b>
			<b>Espresso or Mocha</b>
			<b>7.95</b>