# RISE & SHINE Wake up your taste buds! Breakfast served all day!

Egg & Cabot Vermont Chedd	ar w/ Fresh Chi	ives veggie	8.45
Free range egg, delicious Cabot V French style Campagne loaf.	Jermont Cheddar	and fresh chives on	
Veggie Sausage & Egg VEGG Tasty, toasty sandwich with Veg		tastes like the real thing!	9.45
Virginia Country Ham & Cago Slightly salty from Surry, Virginia		vich made with cage-free egg.	9.45
Virginia Bacon & Cage-Free Pasture raised, cage-free and no The Flour Garden.		tibiotics used – on Campagne loaf f	<b>9.45</b> rom
	o dyes or artificia	l preservatives), smoked with oakwo	
Irish Oatmeal w/ Fresh Loca Sliced bananas AND the first stray so contain all the combined good	wberries of the sea	ason! These oats are 100% wholegrain	<b>7.75</b>
Fresh Seasonal Preserves, U Organic Strawberry Preserves, ur from The Flour Garden and Prairi	nsalted butter, ar	& Breads VEGGIE and assorted fresh breads baked daily	<b>7.4</b> 5
	our Organic Lowf with our Sweet B	at Honey Vanilla Yogurt, served witl alsamic Syrup and sprinkled with	<b>8.95</b> h
Fresh Fruit & Yogurt Parfait  Made with organic French Vanilli topped with organic granola.	-	rawberries and bananas,	8.75
Rettle boiled, made from scratch or preservatives, from Cupertino's	•	oleached unbromated flour, and no fa	<b>2.75</b> ats
w/ Plain Cream Cheese w/ Homemade Flavored Cream Cheese	<b>4.70 5.50</b>	Try annaB's Gluten-Free Bagels Plain / Everything	4.05
Spring Veggie / Cinnamon Rais	in / Tangy Sprin	g Herb	
	AVOCADO <b>+2.25</b> SE <b>95</b> GF BAGEL <b>+2.9</b> 5		•••••

# WARM UP

London Fog

Our coffee is freshly roasted by the fine folks from Legacy Coffee Roasters in Hopewell. Lots of delicious "milk" options: Half & Half, Vanilla Soy and Almond, Oat and Coconut.

#### CLASSIC ESPRESSO DRINKS

Espresso (double)	3.50	
Macchiato	4.55	• • • • • • • • • •
Farmhouse Cappuccino	4.55	
Cortado	4.55	
Americano	12 oz <b>3.50</b>	16 oz <b>4.50</b>
Latte	4.75	5.50
Flat White	4.75	5.50
ADD ORGANIC OR SUGAR FREE FLAVOR SYRUP 1.35 Organic: Vanilla / Hazelnut / Raspberry / Caramel   Sug. ADD ESPRESSO SHOT 2   SUBSTITUTE SOY, ALMOND, COCONUT, OR		/ Carame
BREWED COFFEE CLASSICS	12 oz	
Freshly Brewed Coffee COFFEE REFILL 1.20	2.90	3.45
Cafe au Lait	4.25	4.75
CAFÉ SPECIALITIES	12 oz	16 oz
Café Mocha	5.75	6.50
Coffee Toffee Latte	5.75	6.50
Chai Tea Latte	5.75	6.50
Dirty Chai Tea Latte	6.75	7.25
Matcha Tea Latte	6.75	7.25
Hot Fairtrade Dark Cocoa	4.95	
Vanilla Steamer	4.95	5.55





# CAFÉ MENU

**LATE SPRING** | April 24, 2025 - May 28, 2025

# ( LATE SPRING HOURS

CARY STREET: Monday - Sunday: 7 AM to 7 PM

EDGEWORTH BUILDING: Monday - Friday: 8AM to 3PM

MIDLOTHIAN: Monday - Saturday: 8AM to 7PM | Sunday: 8AM to 6PM

## **RICHMOND**

1217 E. Cary Street Richmond, VA 804.325.3988

#### **EDGEWORTH BUILDING**

2100 E. Cary Street Richmond, VA 804.562.9246

#### **MIDLOTHIAN**

13872 Coalfield Commons Place Midlothian, VA 804.378.3366

Seasonal Menu Item

6.75

7.15

Pure joyful gluten free salads, paired with fresh baked vegan breads from The Flour Garden. Feel free to ask for gluten free bread substitutes from AnnaB's.

#### Farmhouse Salad (VEGAN)

9.75

Mixed greens with grated carrots and radishes and fresh Spring herbs, sprinkled with our Farmhouse Vinaigrette.

## Strawberry & Spinach Salad w/ Almonds (VEGAN) (NUTS)

Fresh local strawberries and baby spinach sprinkled with healthy, fresh roasted almonds and lightly drizzled with our Honey Lemon Dressing.

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#### Spinach & Baked Tofu Salad w/ Miso Dressing (VEGAN)

Fresh Spring spinach tossed with tofu from Twin Oaks in Louisa, VA and sprinkled with our low fat Miso Dressing and toasted sesame seeds. Or ask to substitute for our Antibiotic Hormone-free Chicken.

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Lemony Caesar Salad	PESCO (NUTS)		
w/ Antibiotic/Hormone-free Chicken			

10.25 15,20

Made with the Farmhouse's own eggless Caesar dressing!

#### This & That Plate NUTS

13.45

Some of our homemade Tarragon Tuna Salad and some of our Spinach Hummus atop mixed greens with crunchy hand-cut carrot sticks.

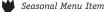
EXTRA DRESSING 1.25 ADD PROTIEN 4.95

# FARMHOUSE SOUPS

#### Farmhouse Soups VEGGIE (VEGAN)

8.25 CUP / 9.25 BOWL

Ask about today's seasonal soup offerings. We have a variety of healthy, all natural soups. Nothing artificial, stocks made from scratch with fresh, hand-prepared veggies. No MSG or yeast extracts. No preservatives, additives, hydrogenated oils or modified food starches. Just vummy goodness! (Gluten-free options available too!)





# SANDWICHES

Our breads are baked fresh daily by The Flour Garden and Prairie Grain Bakery and we offer gluten-free breads from AnnaB's. Sandwiches are served with your choice of freshly sliced pears and grapes, sprinkled with a light drizzle of our Sweet Balsamic Syrup, Potato Chips with a sprinkle of freshly cracked black pepper, or an apple or

#### Farmer's Grilled Cheese w/ Fresh Chives VEGGIE

The sharp tang of a melting Cabot Vermont Cheddar sprinkled with fresh Spring chives on Campagne loaf. ......

#### Fresh Spinach Hummus Sandwich VEGGIE

11.95

Fresh spinach hummus topped with grated carrots and radish, drizzled with balsamic

#### Spring Spinach with Feta Crème VEGGIE

Delicious fresh and crisp spinach with our special Feta Crème spread, grated organic carrots and radish on Campagne bread.

#### Tarragon Tuna Salad Sandwich

Mayonnaise-free tuna salad made with fresh tarragon, carrots, fresh Italian parsley and a wee dollop of Dijon and Greek Yogurt, served on Prairie Grain's 9-Grain bread.

#### Turkey w/ fresh Cilantro & Curry Yogurt Sauce

13,45

Sliced turkey breast topped with fresh mixed greens and crunchy cucumbers with a light, low-fat curried vogurt spread with fresh cilantro on Campagne loaf. ......

#### Farmhouse Chicken Salad Sandwich

13.45

Our Chicken Salad Recipe is from Grandma! We've created our Farmhouse twist by combining our oven roasted chicken breast with lots of crunchy celery, fresh parsley, Vegan Mayo and

#### Q Bleu Chicken

Our own unique Buffalo Bleu taste with a snappy vinegar based sauce, creamy bleu cheese and birched onions.

#### Virginia Ham Cubano

Bountiful combination of Virginia Ham from Edwards Farms and pork, thinly sliced with dill pickles and Swiss Cheese, with a tangy contrast of sharp American mustard!

#### Farmhouse Pimento Grilled Cheese with Crispy Bacon

13.45

Back by popular demand! But with lots of crispy bacon - messy and delicious!

Almond Butter and organic Strawberry Preserves, on 9-Grain from Prairie Grain in Southside. .....

#### TOAST! VEGGIE

Avocado Toast or Hummus Toast. Simple but delicious! Both made in-house, on a slice of 9-Grain. Double Toast +3.75 Add our Oakwood Smoked Salmon +4.95

#### TWOSOME

12.95

## Half-Soup / Half-Salad / Half-Sandwich

Are you urban or are you farmhouse? Can't decide? Enjoy a taste of both - pick any twosome from a Half-Soup or Half-Salad or Half-Sandwich!

ADD CHEFSE +1.95 AVOCADO +2.25 SEASONAL FRUIT +1.95 SUB CROISSANT +2.95 GE BREAD +2.50

# JUICES

Cold War (I)







1607

9.75

Ginger, Garlic, Orange, & Carrot. Savory vegetable juice perfect for fighting off your winter's cold

Clean Green (D)

Kale, Greens, Celery, Pear & Lemon. Plenty of greens to help cleanse your system and start a great day!

Juice Boost (E)

Orange, Apple, Carrot, Kale & Ginger. All of our favorites wrapped up in one to give you that natural boost to your day. Perfect before working out

Dropping Beets (E) (I)

Beets, Orange & Carrot. Beets complimented with carrots and oranges to create that energy your body needs. our body needs.

Helen's Recipe (E) (I) 9.75

Carrot, Apple, Lemon, & Ginger. Sweet and tangy for a great immune boost. Have this before your outdoor adventures to stay healthy and energized.

**Build Your Own** 

Customize your juice to how you like it. Choose up to five ingredients. ......

Apple / Beets / Carrot / Celery / Garlic / Ginger / Greens / Kale / Lemon / Orange / Pear

REF RESH Ask about our O-B-S-L wines (Organic-Biodynamic-Sustainable-Local) and carefully selected array of craft beers!

	16oz	20 oz
Iced Cold Brewed Coffee COFFEE REFILL 1.45 ¢		5.25
Iced Latte	5.25	5.75
	6.25	6.75
Iced Chai Latte		
Iced Dirty Chai Latte	6.25	7.25
	7.25	
Iced Coffee Toffee Latte	7.25	7.75
Fresh Brewed Ice Tea		3.95
Fresh Brewed Flavored Ice 1		4.55
Orange Juice	4.80	5.25

4.80 Organic Iced Lemonade 4.15 ••••• Affogato 6oz **7.45** A scoop of delicious Homestead Creamery ice cream (your choice - vanilla or chocolate), topped with

2 shots of our steaming hot Espresso, Yummy!

16oz **FarmFrosts** Our own delicious frozen blended beverages! Coffee or Vanilla 5.50 Caramel, Mocha, or 5.95 Coffee Toffee 6.30

FarmFrost Chai Farmhouse Smoothies 6.60 Nutter Butter Banana / Ambrosia Berri

Smoothies of the Season Strawberry Fields - fresh

strawberries with organic sov. a hint of organic vanilla and sweetened with local Strawberry Preserves from Rocky Branch Farm in Jetersville, VA.

#### Farmhouse Shakes

Made with Homestead Creamery Ice Cream. It's non-GMO antibiotics-free, hormone-free, Kosher and the cows are treated through homeopathic health management!

Vanilla	6.75
Chocolate	6.75
Espresso or Mocha	7.95
Strawberry	7.95