RISE & SHINE Wake up your taste buds! Served until 10:30, weekends until 2.

🗱 Cage-Free Egg & Havarti w/ Fresh Sage	VEGGIE	7.20
4		

Cage-Free egg, buttery and mild Havarti with fresh sage on hearty slices of French style Campagne loaf.

7.80 Veggie Sausage & Cage-Free Egg Veggie

Tasty, toasty sandwich with 100% Veggie Sausage – tastes like the real thing!

Virginia Country Ham & Cage-Free Egg 7.80

Slightly salty from Surry, Virginia, delicious sandwich made with cage-free egg.

Virginia Bacon & Cage-Free Egg 7.80

Pasture raised, cage-free and no hormones or antibiotics used - on Campagne loaf from The Flour Garden.

Lox & Cream Cheese w/ Fresh Dill*

Kosher North Atlantic Salmon (no dyes or artificial preservatives), smoked with oakwood with all the fixings - cream cheese, fresh dill and chopped red onion, and those tart little capers on open-face Campagne loaf.

★ Irish Oatmeal w/ Seaonal Fruits

VEGAN

6.25

These oats are 100% whole grain, so contain all the combined goodness of the endosperm, brand and germ. With freshly chopped pears and dried cranberries.

* Fresh Seasonal Preserves, Unsalted Butter & Bread VEGGIE

Locally made Damson Plum Jam from Rocky Branch Farm in Jetersville, VA, paired with unsalted butter and assorted fresh breads baked daily from The Flour Garden and Prairie Grain Bakery

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EXTRA CHEESE 1.80 EXTRA BUTTER 1.20 EXTRA PRESERVES 1.20 EXTRA PROTEIN 2.45 AVOCADO 1.80 SIJB FRFF RANGE EGG WHITES 1.35 SUB GLUTEN FREE BREAD 1.20 SUB GLUTEN FREE BAGEL 2.45

Fresh Fruit & Yogurt Parfait VEGGIE

Made with Organic Vanilla Yogurt and bright holiday fruits like Clementines, pears, and topped with organic granola.

* Holiday Fruits Plate VEGGIE (NUTS)



A mixture of sweet Clementines, pears and dried cranberries, with roasted walnuts and locally made Damson Plum Jam from Rocky Branch Farm in Jetersville, VA, and a

Country Roll.

Bagels VEGGIE

Cupertino's in the West End isn't New York but that's where our Bagel Maker is from - making kettle boiled, fro scratch each morning with unbleached, unbromated flour, and no fats

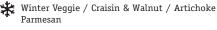
Also, try annaB's Gluten Free Bagels 3.35

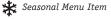
Plain / Everything

w/ Plain Cream Cheese 3.65

w/ Homemade Flavored 4.25

Cream Cheese





*Cold smoked salmon is not cooked. Consuming raw or under-cooked seafood may increase your risk of foodborne illness.

WARM UP

Our coffee is freshly roasted by the fine folks from Legacy Coffee Roasters in Hopewell. We offer Half & Half, and Organic Vanilla Soy, Almond, Oat, and Coconut Milk.

CLASSIC ESPRESSO DRINKS

Espresso (double)	2.85	
Macchiato	3.80	
Farmhouse Cappuccino	3.95	
Cortado	3.95	
Americano	12 oz 2.85	16 oz 3.80
Latte	4.10	4.75
Flat White	4.05	4.75

ADD ORGANIC OR SUGAR FREE FLAVOR SYRUP 1.05

Organic: Vanilla / Hazelnut / Raspberry / Caramel | Sugar Free: Vanilla / Hazelnut / Caramel ADD ESPRESSO SHOT 1.55 SUBSTITUTE SOY, ALMOND, OR OAT MILK 1.05

BREWED COFFEE CLASSICS	12 oz	16 oz
Freshly Brewed Coffee	2.35	2.85
COFFEE REFILL 1.05		
Cafe au Lait	3.45	4.05

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CAFÉ SPECIALITIES	12 oz	16 oz
Café Mocha	5.00	5.60
Coffee Toffee Latte	5.00	5.60
Chai Tea Latte	5.00	5.60
Dirty Chai Tea Latte	5.90	6.50
Matcha Tea Latte	5.90	6.50
∉ Eggnog Latte	5.95	6.50
Gingerbread Latte	5.95	6.50
Feppermint Mocha	5.95	6.50
Hot Fairtrade Dark Cocoa	4.40	5.00
Vanilla Steamer	3.45	4.05
Serendinitea Organic Hot Tea	3.20	3.20
London Fog	5.90	6.50

Bring-your-own-mug and get a 20¢ discount.





CAFÉ MENU

HOLIDAY | November 18th – January 5th, 2022

HOLIDAY HOURS

CARY STREET: Monday - Sunday: 7 AM to 7 PM

MIDLOTHIAN: Monday - Saturday: 8AM to 7PM | Sunday: 8AM to 6PM

RICHMOND

1217 E. Cary Street Richmond, VA 804.325.3988

MIDLOTHIAN

13872 Coalfield Commons Place Midlothian, VA 804.378.3366

Pure joyful gluten free salads, paired with fresh baked vegan breads from The Flour Garden. Feel free to ask for gluten free bread substitutes from AnnaB's.

*	Farml	nouse	Holid	lay Sa	alad	VEGAN	
	M: J			£1.	1		

Mixed greens with fresh early winter root veggies like parsnips, carrots and radishes, sprinkled with our Farmhouse Vinaigrette.

10.95 ★ Cranberry Bleu Salad VEGGIE (NUTS)

Mixed greens, toasted almonds, red onion and crumble blue cheese tossed with our tangy Cranberry Dressing.

≭ Clementine Walnut Salad VEGGIE (NUTS)

Mixed greens tossed with red onion, sweet raisins, creamy crumbled feta and sweet Clementines with crunchy walnuts and our Homemade Maple Dressing.

8.95 Lemony Caesar Salad VEGGIE (NUTS) 13.20 w/ Antibiotic Hormone-Free Chicken

Made with the Farmhouse's own eggless Caesar Dressing. Vegans rejoice! We now offer a delicious Vegan Caesar Dressing - you won't be able to tell the difference! Shredded Parmesan is on the salad so please ask if you do not want!

EXTRA DRESSING 1.05 ADD OUR HOUSE MARINATED & BAKED TOFU FROM TWIN OAKS 4.25

FARMHOUSE SOUPS

* Farmhouse Soups Veggie Vegan

7.50 CUP / 8.50 BOWL

Ask about today's seasonal soup offerings. We have a variety of healthy, all natural soups. Nothing artificial, stocks made from scratch with fresh, hand-prepared veggies. No MSG or yeast extracts. No preservatives, additives, hydrogenated oils or modified food starches. Just yummy goodness!





Our breads are baked fresh daily by The Flour Garden and Prairie Grain **SANDWICHES**Bakery and we offer gluten free breads from AnnaB's. Sandwiches are served with your choice of freshly made Winter Slaw, Potato Chips with Himalayan Salt, or an Apple or Orange AND hand-cut carrot sticks!

* Farmer's Grilled Cheese Veggie

9.95

Creamy Brie with our freshly made cranberry salsa and True Source Certified Honey on Campagne loaf. . . .

★ Roasted Walnut Hummus VEGGIE

10.45

Our Homemade Hummus is perfect for the season! This is our traditional hummus with a twist - we use all natural handcrafted Walnut Oil (instead of EVOO), tone down the lemon a bit, keep the fresh garlic & serve open-face with Roasted Walnuts sprinkled on top for a roasty crunch!

X Craisin Cream Cheese & Winter Root Veggies Veggie

10.45

Our homemade holiday cream cheese, slightly sweet with craisins & crunchy walnuts - a hint of cinnamon paired with crunchy early winter root veggies and mixed greens on 9-Grain.

* Flipper-Friendly Tuna Melt

11.95

Our tuna salad made with dolphin safe tuna, diced red onions and Kosher baby dills and then grilled with tangy Swiss on 9-Grain bread.

🗯 Turkey & Havarti w/ Cranberry Salsa

11.95

Sliced turkey breast, buttery and mild Harvarti and our tangy homemade Cranberry Salsa on Campagne loaf.

..... Q Bleu Chicken 11.95

Our own unique Buffalo Bleu taste with a snappy vinegar based sauce, creamy bleu cheese

Farmhouse Chicken Salad Sandwich

11.95

11.95

9.45

Our Chicken Salad Recipe is from Grandma! We've created our Farmhouse twist by combining our oven roasted chicken breast with lots of crunchy celery, fresh parsley, Vegan Mayo and lots of tangy lemon!

Virginia Ham Cubano

Bountiful combination of Virginia Ham from Edwards Farms and pork, thinly sliced with dill pickles and Swiss Cheese, with a tangy contrast of sharp American mustard!

Farmhouse Pimento Grilled Cheese with Crispy Bacon

Back by popular demand! But with lots of crispy bacon - messy and delicious!

X AB & Honey w/ Fresh Banana Veggie (NUTS)

On 9-Grain bread.

Almond Butter and freshly cut banana, with True Source Certified Honey - yummy!

Avocado Toast or Hummus Toast. Simple but delicious! Both made in-house, on a slice of 9-Grain. Try Half of Each! Add our Oakwood Smoked Salmon + 4.25

EXTRA CHEESE 1.80 EXTRA ALMOND BUTTER 1.25 ADD PROTEIN 4.25

TWOSOME 11.50

Half-Soup / Half-Salad / Half-Sandwich

Are you urban or are you farmhouse? Can't decide? Enjoy a taste of both - pick any twosome from a Half-Soup or Half-Salad or Half-Sandwich!

HALF CUBANO +50¢ Please Note:









16oz Cold War (I) 8.50 Ginger, Garlic, Orange, & Carrot. Savory vegetable juice perfect for fighting off your winter's cold Kale, Greens, Celery, Pear & Lemon. Plenty of greens to help cleanse your system and start a

Juice Boost (E)

Orange, Apple, Carrot, Kale & Ginger. All of our favorites wrapped up in one to give you that natural boost to your day. Perfect before working out

Dropping Beets (E) (I) Beets, Orange & Carrot. Beets complimented with carrots and oranges to create that energy

your body needs. 8.50

Helen's Recipe (E) (I) Carrot, Apple, Lemon, & Ginger. Sweet and tangy for a great immune boost. Have this before your outdoor adventures to stay healthy and energized.

Build Your Own

Customize your juice to how you like it. Choose up to five ingredients.

Apple / Beets / Carrot / Celery / Garlic / Ginger / Greens / Kale / Lemon / Orange / Pear

REFRESH Ask about our O-B-S-L wines (Organic-Biodynamic-Sustainable-Local) and carefully selected array of craft beers!

16oz	20 oz
4.20	4.50
4.40	4.90
5.30	5.80
5.30	5.80
6.45	6.85
3.25	3.25
4.25	4.85
	4.40 5.30 5.30 6.45 3.25

16oz OZ FarmFrosts Our own delicious frozen blended beverages! Coffee or Vanilla 4.80 Caramel, Mocha, or 5.50 Coffee Toffee FarmFrost Chai 5.90

Farmhouse Smoothies Nutter Butter Banana / Ambrosia Berri

≭ Smoothie of the Season Spiced Apple - Crisp red apple, banana, Organic Vanilla Sov and our homemade

Gingerbread Syrup. Perfect for the season!

Farmhouse Shakes

Made with Homestead Creamery Ice Cream. It's non- GMO antibiotics-free, hormone-free, Kosher and the cows are treated through homeopathic health management!

Vanilla 5.90 Espresso or Mocha 7.10 Chocolate 5.90 💥 Eggnog

Email cateringandevents@theurbanfarmhouse.net or call 804.486.6925

Let us cater your cozy office chats or casual