

## SWEET TREATS

### Freshly Baked Cookies 26

A Baker's Dozen of Oatmeal Raisin or Oatmeal Chocolate Chip (*Gluten-free options available*)

### Brownie Sheet 52

Great for birthdays and office celebrations!

Serves 15-30 (*Gluten-free options available*)

### Sweet Twosome 36

Enjoy both with half of each, Cookie & Brownie.

Serves 12-18 (*Gluten-free options available*)

### Harvest Fruits VEGGIE NUTS 49

A combination of fruit, including Fall's Harvest of apples and pears, sprinkled with roasted walnuts and drizzled with our Honey Balsamic Syrup. Served with a variety of freshly baked breads and locally made Apple Butter.

Serves 8-10

### Cheeses & Fruits VEGGIE NUTS 92

Selection of local and imported cheeses, perfect with a glass of one of our organic wines! Served with fresh, seasonal fruit and assorted breads.

Serves 8-10

### Charcuterie Plate 118

Selection of hand cut meats, sourced from Olli Salumeria in Mechanicsville, VA, and seasonal cheeses, with fresh breads from The Flour Garden, and a delicious dollop of local Chutney from Virginia Chutney Co., in Washington, VA.

Serves 8-10

*We're able to deliver our organic, biodynamic, sustainable or local wines and local and craft beers to accompany your farm fare. Please ask!*



## SNACK TIME \*

### Nuts & Seeds 39

An assortment of nuts, dried fruits and seeds. Choice of roasted almonds, raw walnuts, pistachios, raisins, raisins, and pumpkin seeds. serves 8-10

### Snack Bars 49

A fun and delicious way to energize! Choose from Health Warrior, KIND, Fig Bar, and Clif Organic.

serves 8-10

### Chocolate Delight 49

Everyone loves chocolate! A combination of chocolate bars Ritter Sport, Chocolove, Theo, Justin's and Divine.

serves 8-10

\* Availability may vary seasonally

## THE TROUGH

We're proud to work with Legacy Coffee Roasters in Hopewell, VA to offer Organic and Fair Trade Coffees from around the world. We also provide a delicious variety of organic and Fair Trade hot teas. All are served in an earth-friendly Trough. Includes 12, 8oz. green cups, wooden stirrers, local hormone and antibiotic free milk, raw sugar, and natural low calorie sweetener. **24.95**

YOUR CHOICE OF...

**Sustainably Grown Coffee – Hot or Iced**

**Organic and / or Fair Trade Hot Tea**

**Fair Trade Iced Tea**

**100% Florida OJ with Lots of Pulp!**

### Coffee For A Crowd 189

Serves 90, 8oz cups.

\*Rental fee extra. Available to serve up to 1500.

We offer a variety of delicious bottled beverages - from locally sourced spring water to all natural sodas, teas and juices.



# TO-GO & CATERING

EARLY FALL | September 8<sup>th</sup> – October 5<sup>th</sup>, 2022



### 🕒 EARLY FALL HOURS

**SHOCKOE SLIP:** Monday – Sunday: 7AM to 7PM

**MIDLOTHIAN:** Monday – Saturday: 8AM to 7PM | Sunday: 7AM to 6PM

If we can walk it, we'll bring you the Farmhouse, no minimum order. Get a taste of some great local foods. Fresh baked breads and pastries from The Flour Garden, Prairie Grain Bakery and annaB's gluten-free, savory Farmhouse soups, and brownies from Chocolate Cravings. For more details about creating your special event, call 804.486.6925 or email [cateringandevents@theurbanfarmhouse.net](mailto:cateringandevents@theurbanfarmhouse.net)

**Please give our Farmhands 48 hours notice for your order. (If you have a last minute request, always ask. We'll do our best to accommodate!)**

## RICHMOND

1217 E. Cary Street  
Richmond, VA  
804.325.3988

## MIDLOTHIAN

13872 Coalfield Commons Place  
Midlothian, VA  
804.378.3366

## BOX BREAKFASTS

Sandwich served with half-size Seasonal Fruits. **10.45**

**Cage-Free Egg & Cabot Vermont Cheddar w/ Fresh Thyme** VEGGIE

**Cage-Free Egg & Local Veggie Sausage** VEGGIE

**Virginia Country Ham & Cage-Free Egg**

**Virginia Bacon & Cage-Free Egg**

**Lox & Cream Cheese With Fresh Dill\*** **+4.50**

**Apple Butter, Unsalted Butter & Assorted Fresh Baked Breads** VEGGIE

**Harvest Fruits – Served with Fresh Baked Bread** VEGGIE NUTS

Fall's first harvest of apples and pears and roasted walnuts, drizzled with a sweet balsamic syrup, with locally made apple butter and a Country Roll.



## FARMHOUSE SOUPS

Ask about today's seasonal soup offerings. We have a variety of healthy, all natural soups. Nothing artificial, stocks made from scratch with fresh, hand-prepared veggies. No MSG or yeast extracts. No preservatives, additives, hydrogenated oils or modified food starches. Just yummy goodness!

8 OZ **7.75**

12 OZ **8.75**

32 OZ **27.95**

**Soup For A Group** **115**

Serves 15-20

\*Rental fee extra.

## BOX LUNCHES

Includes Whole Sandwich or Salad with Bread and served with choice of side Farmhouse Salad or side of Seasonal Fruits and freshly baked cookie. **16.45**

**Farmer's Grilled Cheese w/ Apples** VEGGIE

Cabot Vermont Cheddar and locally harvested Granny Smith Apples on Campagne loaf.

**Coyote Hummus** VEGGIE

**Coyote Cream Cheese & Harvest Veggies** VEGGIE

**Farmhouse Chicken Salad Sandwich**

Our Chicken Salad Recipe is from Grandma!

**Waldorf Tuna Salad** NUTS

Yellow Fin Tuna, crunchy apples mixed with celery, raisins, and walnuts, with a dash of locally made Showalter's Apple Cider and lightly tossed with Greek Yogurt.

**Turkey & Fresh Mixed Apple-Date Chutney**

Sliced turkey breast topped with our homemade fresh roasted Apple-Date Chutney and birched red onions on Campagne loaf. VEGGIE NUTS

**AB<sub>2</sub>** NUTS

A perfect formula! Almond butter and local Apple Butter from Tastes Like Grandma's.

*Cubanos/Pimento +4.50 | Kettle Brand Chips +2.25  
SUB Chocolate Cravings Brownie +1.45*

## SALADS

**Farmhouse Fall Salad** VEGAN

**Roasted Butternut Squash Salad** VEGGIE NUTS

**Pear w/ Roasted Walnuts & Blue Cheese Salad** VEGGIE NUTS

**Lemony Caesar Salad** VEGGIE NUTS

ADD OUR HOUSE MARINATED & BAKED TOFU FROM TWIN OAKS OR OVEN ROASTED CHICKEN **+4.50**

*Feel free to ask about our gluten-free options too!*

## FOR A CROWD

### HEN'S NEST

An assortment of our seasonal breakfast sandwiches, cut in halves and arranged in our reusable "nest."

**Small**, serves 6-10 **89.95**

**Medium**, serves 15-20 **179.95**

**Large**, serves 25-30 **249.95**

### PASTRIES & SWEET BREADS

**Assorted Pastries & Sweet Breads** **36.95**

A yummy assortment, freshly baked.

Serves 6-10 *(Gluten-Free options available)* VEGGIE NUTS

**Full Loaf Banana Nut or** VEGGIE NUTS

**Seasonal Bread** Serves 8-16 **24.45**

**Homemade Bread Pudding** NUTS **48.95**

Our unique recipe made with locally made pastries! Serves 9-18

### BAGELS

**Bagel Bunch** (13 bagels, 2 Tubs Any Cream Cheese) **36.95**

**Dozen & A Half** (18 bagels) **38.95**

**Baker's Dozen** (13 bagels) **27.95**

**Half Dozen Bagels** **13.95**

**Plain Cream Cheese** — 8 oz. Tub **5.35**

**Homemade Flavored Cream Cheese** **6.35**

Coyote / Honey Vanilla Walnut Harvest Veggie — 8 oz. Tub

**Lox & Cream Cheese\*** **118**

Our own Farm-Fish version with Kosher Oakwood Smoked North Atlantic Salmon (no dyes or artificial preservatives), cream cheese, fresh dill and capers. Served open-face on baked that morning French style Campagne bread.

*We're happy to substitute with Cupertino's Bagels for \$9.95*

Serves 8-10

### ROOSTER'S ROOST

An assortment of our seasonal sandwiches, cut in halves and arranged in our reusable "nest" with fresh baked cookies from The Flour Garden.

**Small**, serves 6-10 **99.95**

**Medium**, serves 15-20 **229.95**

**Large**, serves 25-30 **369.95**

### SAVORY

**Farmhand Bread Pudding** **79.95**

Baked in house our own special recipe! Made with breads from The Flour Garden and Prairie Grain Bakery, and a savory custard loaded with Veggie Sausage, lots of sharp cheddar and fresh green onions! Serves 9-18

### GREEN PATCH

**Half Size**, serves 6-10 **54.95**

**Full Size**, serves 15-20 **89.95**

**Farmhouse Salad w/ Fresh Squash, Zucchini and Peppers** VEGAN

Mixed greens with fresh squash, zucchini and green peppers, sprinkled with our Farmhouse vinaigrette.

**Caesar Salad** VEGGIE NUTS

Farmhouse style with raw walnuts and our eggless Caesar Dressing.

*Please ask if you'd like to add our House Marinated & Baked Tofu or Oven Roasted Chicken.*

HALF SIZE **24.95** FULL SIZE **36.95**

**Hummus & Seasonal Veggies** VEGGIE

Our homemade Coyote Hummus, surrounded by loads of fresh squash, zucchini and green peppers and sliced French Baguette from The Flour Garden.

\*Consuming raw or under-cooked seafood may increase your risk of foodborne illness, especially if you have a medical condition.