RISE & SHINE Wake up your taste buds! Served until 10:30, weekends until 2. Check out our website for listing of live local music!

Egg & Vermont Cheddar w/ Fresh Rosemary VEGGIE

7.45

Cage-Free egg, buttery and mild havarti with fresh sage on hearty slices of French style Campagne loaf.

Veggie Sausage & Cage-Free Egg Veggie

8.45

Tasty, toasty sandwich with Veggie Sausage that tastes like the real thing!

Virginia Country Ham & Cage-Free Egg

8.45

Slightly salty from Surry, Virginia, delicious sandwich made with cage-free egg.

Virginia Bacon & Cage-Free Egg

Pasture raised, cage-free and no hormones or antibiotics used - on Campagne loaf from The Flour Garden.

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Lox & Cream Cheese w/ Fresh Dill*

Kosher North Atlantic Salmon (no dyes or artificial preservatives), smoked with oakwood with all the fixings - cream cheese, fresh dill and chopped red onion, and those tart little capers on open-face Campagne loaf.

★ Irish Oatmeal w/ Fresh Local Fruits VEGAN

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These oats are 100% whole grain, so contain all the combined goodness of the endosperm, brand and germ. With freshly chopped pears and dried cranberries.

≭ Fresh Seasonal Preserves, Unsalted Butter & Bread VEGGIE

6.45

Sweet and tart Sour Cherry Preserves, unsalted butter, and assorted fresh breads baked daily from The Flour Garden and Prairie Grain Bakery.

EXTRA CHEESE 1.80 EXTRA BUTTER 1.10 EXTRA PRESERVES 1.10 EXTRA PROTEIN 2.25 AVOCADO 1.75 SUB FREE RANGE EGG WHITES 1.45 SUB GLUTEN FREE BREAD 1.10 OR BAGEL 2.25

Fresh Fruit & Yogurt Parfait VEGGIE

Made with Organic Vanilla Yogurt and fresh seasonal fruit, topped with organic granola.

Bagels VEGGIE

Cupertino's in the West End isn't New York but that's where our Bagel Maker is from - making kettle boiled, fro scratch each morning with unbleached, unbromated flour, and no fats or preservatives!

w/ Plain Cream Cheese

+3.75

w/ Homemade Flavored

+4.50

Cream Cheese

Also, try annaB's Gluten Free Bagels 3.45

Plain / Everything

🗱 Winter Veggie / Craisin & Walnut / Artichoke

🗱 Seasonal Menu Item

WARM UP

Our coffee is freshly roasted by the fine folks from Legacy Coffee Roasters in Hopewell. Lots of delicious "milk" options: Half & Half, Vanilla Soy and Almond, Oat and Coconut.

CLASSIC ESPRESSO DRINKS

Espresso (double)	2.95	
Macchiato	3.90	
Farmhouse Cappuccino	4.05	
Cortado	4.05	
Americano	12 oz 2.95	16 oz 3.90
Latte	4.20	4.85
Flat White	4.15	4.85

ADD ORGANIC OR SUGAR FREE FLAVOR SYRUP 1.10

Organic: Vanilla / Hazelnut / Raspberry / Caramel | Sugar Free: Vanilla / Hazelnut / Caramel ADD ESPRESSO SHOT 1.60 | SUBSTITUTE SOY, ALMOND, COCONUT, OR OAT MILK 1.10

BREWED COFFEE CLASSICS	12 oz	16 oz
Freshly Brewed Coffee	2.45	2.95
COFFEE REFILL 1.05		
Cafe au Lait	3.55	4.15

	CAFÉ SPECIALITIES	12 oz	16 oz
	Café Mocha	5.10	5.70
	Coffee Toffee Latte	5.10	5.70
	Chai Tea Latte	5.10	5.60
	Dirty Chai Tea Latte	6.00	6.60
	Matcha Tea Latte	6.00	6.60
*	Dark Chocolate Raspberry Mocha	6.00	6.60
	Hot Fairtrade Dark Cocoa	4.50	5.10
	Vanilla Steamer	3.55	4.15
	Serendipitea Organic Hot Tea	3.30	3.30
	London Fog	6.00	6.60





CAFÉ MENU

WINTER | January 6th - March 2nd, 2022

WINTER HOURS

CARY STREET: Monday - Sunday: 7 AM to 7 PM

MIDLOTHIAN: Monday - Saturday: 8AM to 7PM | Sunday: 8AM to 6PM

RICHMOND

1217 E. Cary Street Richmond, VA 804.325.3988

MIDLOTHIAN

13872 Coalfield Commons Place Midlothian, VA 804.378.3366

Pure joyful gluten free salads, paired with fresh baked vegan breads from The Flour Garden. Feel free to ask for gluten free bread substitutes from AnnaB's.

* Farmhouse Salad VEGAN

8.75

Mixed greens with winter root veggies like parsnips and radishes, along with grated carrots, a sprinkling of bright oranges and drizzled with our Farmhouse vinaigrette. **.....**

₩ Winter Beet Salad w/ Oranges, Fennel & Mint VEGGIE

Winter's bountiful beets with nature's natural defense - oranges! Also, fresh fennel and fresh mint, sprinkled with creamy goat cheese and drizzled with our homemade Citrus Vinaigrette.

☆ Candied Walnut Gorgonzola Salad VEGGIE (NUTS)

Sweetness of candied walnuts and dried cranberries with crumbles of gorgonzola atop mixed greens and sprinkled with our own freshly made Raspberry Vinaigrette.

Lemony Caesar Salad VEGGIE (NUTS)

9.25

w/ Antibiotic/Hormone-free Chicken

13.75

Made with the Farmhouse's own eggless Caesar dressing!

* Fruits of the Farm VEGGIE (NUTS)

Freshly cut apples, pears and Vitamin C laden honey oranges, sprinkled with roasted walnuts, dried cranberries and drizzledwith our sweet balsamic syrup. Served with Sour Cherry Preserves and a Country Roll from The Flour Garden.

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★ This & That Plate

12.45

Some of our homemade Tangy Curry Tuna Salad and some of our Homemade Farmhouse Hummus atop mixed greens with crunchy hand-cut carrot sticks.

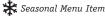
EXTRA DRESSING 1.10 ADD OUR HOUSE MARINATED & BAKED TOFU FROM TWIN OAKS. 4.50

FARMHOUSE SOUPS

Farmhouse Soups Veggie Vegan

7.75 CUP / 8.75 BOWL

Ask about today's seasonal soup offerings. We have a variety of healthy, all natural soups. Nothing artificial, stocks made from scratch with fresh, hand-prepared veggies. No MSG or yeast extracts. No preservatives, additives, hydrogenated oils or modified food starches. Just yummy goodness!





Our breads are baked fresh daily by The Flour Garden and Prairie Grain Bakery and we offer gluten-free breads from AnnaB's. Sandwiches are served with your choice of freshly made Winter Slaw, Potato Chips with a sprinkle of freshly cracked black pepper, or an apple or orange AND hand-cut carrot sticks!

* Havarti & Mushrooms Veggie

10.25

A Grilled Cheese Sandwich perfect for Winter with creamy Havarti covered with our homemade mushroom spread (assorted winter mushrooms, fresh garlic, EV00 and a dash of our House Red) grilled to provide a warm, savory delight!

🗱 Hummus & Winter Root Veggies 🛛 VEGAN

The Farmhouse's freshly made hummus with crunchy winter root veggies - shredded carrots, radishes and parsnips, on 9-Grain with a drizzle of Balsamic.

🗱 Portabella Mushrooms & Winter Veggies Sandwich w/ Horseradish Cream 👚 10.95

Portabella Mushrooms marinated in balsamic vinegar and local honey for a tangy sweet taste, topped with mixed greens and freshly grated winter root veggies like parsnips, radishes and carrots and drizzled with our homemade Horseradish Cream, made with freshly grated horseradish - watch out! On 9-Grain Bread from Prairie Garden Bakery.

≭ Tangy Curry Tuna Salad

The Farmhouse's own tuna salad with a tangy twist on 9-Grain from Prairie Grain Bakery on

Turkey & Sesame w/ Fresh Scallions

12,45

With ginger garlic aioli, crunchy toasted sesame seeds & fresh scallions

12.45 Q Bleu Chicken

Our own unique Buffalo Bleu taste with a snappy vinegar based sauce, creamy bleu cheese

Farmhouse Chicken Salad Sandwich

12.45

Our Chicken Salad Recipe is from Grandma! We've created our Farmhouse twist by combining our oven roasted chicken breast with lots of crunchy celery, fresh parsley, Vegan Mayo and lots of tangy lemon!

Virginia Ham Cubano

Bountiful combination of Virginia Ham from Edwards Farms and pork, thinly sliced with dill pickles and Swiss Cheese, with a tangy contrast of sharp American mustard!

Farmhouse Pimento Grilled Cheese with Crispy Bacon

12,45

Back by popular demand! But with lots of crispy bacon - messy and delicious!

X AB&J (NUTS

7.95

Almond Butter and locally made Sour Cherry Preserves, from Rocky Branch Farm in Jetersville, VA. on 9-Grain.

TOAST! VEGAN

Avocado Toast or Hummus Toast. Simple but delicious! Both made in-house, on a slice of 9-Grain. Try Half of Each! Add our Oakwood Smoked Salmon + 4.50

EXTRA CHEESE 1.85 EXTRA ALMOND BUTTER 1.25 ADD PROTEIN 4.50

TWOSOME Half-Soup / Half-Salad / Half-Sandwich

Are you urban or are you farmhouse? Can't decide? Enjoy a taste of both - pick any twosome from a Half-Soup or Half-Salad or Half-Sandwich!

HALF CUBANO +50¢ Please Note:









16oz 8.75 Ginger, Garlic, Orange, & Carrot. Savory vegetable juice perfect for fighting off your winter's cold Kale, Greens, Celery, Pear & Lemon. Plenty of greens to help cleanse your system and start a Juice Boost (E) Orange, Apple, Carrot, Kale & Ginger. All of our favorites wrapped up in one to give you that natural boost to your day. Perfect before working out Dropping Beets (E) (I) Beets, Orange & Carrot. Beets complimented with carrots and oranges to create that energy your body needs. Helen's Recipe (E) (I) 8.75 Carrot, Apple, Lemon, & Ginger. Sweet and tangy for a great immune boost. Have this before your outdoor adventures to stay healthy and energized. **Build Your Own** Customize your juice to how you like it. Choose up to five ingredients. Apple / Beets / Carrot / Celery / Garlic / Ginger / Greens / Kale / Lemon / Orange / Pear

REFRESH Ask about our O-B-S-L wines (Organic-Biodynamic-Sustainable-Local) and carefully selected array of craft beers!

	16oz	20 oz
Iced Cold Brewed Coffee COFFEE REFILL 1.15	4.30	4.60
Iced Latte	4.50	5.00
lced Mocha	5.40	
lced Chai Latte	5.40	5.90
Iced Dirty Chai Latte	6.55	6.95
	2.80	
Orange Juice	4.35	4
Affogato	6oz	5.45
A scoop of delicious Homestead (your choice - vanilla or chocol		

Let us cater your cozy office chats or casual Email cateringandevents@theurbanfarmhouse.net or call 804.486.6925

2 shots of our steaming hot Espresso. Yummy!

Farmi	Frosts	
Our ow	n delicious frozen blende	ed beverages!
Coffe	e or Vanilla	4.90
	nel, Mocha, or e Toffee	5.60
Farml	Frost Chai	6.00
	house Smoothies Butter Banana / Ambi	5.60 rosia Berri

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1607

** Smoothies of the Season	6.0
Spiced Apple - Freshly chopped Apple and Banana, spiced with	V E (T (T I
warm flavors from our own Gin Syrup and creamy Soy Milk.	
Syrup and creamy soy mick.	

Farmhouse Shakes

Made with Trickling Springs Ice Cream. It's non-GMO antibiotics-free, hormone-free, Kosher and the cows are treated through homeopathic health management!

Vanilla	6.00
Chocolate	6.00
Espresso or Mocha	7.20