

## SWEET TREATS

### Freshly Baked Cookies 26

A Baker's Dozen of Oatmeal Raisin or Oatmeal Chocolate Chip

### Brownie Sheet 52

Great for birthdays and office celebrations!

Serves 15-30 (Individual Brownie 2.95)

### Sweet Twosome 36

Enjoy both with half of each, Cookie & Brownie.

Serves 12-18

### Fruits of the Farm VEGGIE NUTS 49

Freshly cut apples, pears and Vitamin C laden oranges, sprinkled with dried cranberries and drizzled with our sweet balsamic syrup. Served with locally made sour cherry preserves and Country Rolls from The Flour Garden.

Serves 8-10

### Cheeses & Fruits VEGGIE NUTS 92

Selection of local and imported cheeses, perfect with a glass of one of our organic wines! Served with fresh, seasonal fruit and assorted breads.

Serves 8-10

### Charcuterie Plate 118

Selection of hand cut meats, sourced from Olli Salumeria in Mechanicsville, VA, and seasonal cheeses, with fresh breads from The Flour Garden, and a delicious dollop of local Chutney from Virginia Chutney Co., in Washington, VA.

Serves 8-10

*We're able to deliver our organic, biodynamic, sustainable or local wines and local and craft beers to accompany your farm fare. Please ask!*



## SNACK TIME

### Nuts & Seeds\* 39

An assortment of nuts, dried fruits and seeds. Choice of roasted almonds, raw walnuts, pistachios, raisins, craisins, and pumpkin seeds. serves 8-10

### Snack Bars 49

A fun and delicious way to energize! Choose from Health Warrior, KIND, RXBar, Fig Bar, and Clif Organic. serves 8-10

### Chocolate Delight 49

Everyone loves chocolate! A combination of chocolate bars like Ritter Sport, Chocolive, Divine and Justin's.

serves 8-10

\* Availability may vary seasonally

## THE TROUGH

We're proud to work with Legacy Coffee Roasters in Hopewell and coffee farmers directly to provide sustainably grown, specially blended coffees. We also provide a delicious variety of organic and Fair Trade hot teas. All are served in an earth-friendly Trough. Includes 12, 8oz. green cups, wooden stirrers, hormone and antibiotic-free milk, raw sugar, and natural low calorie sweetener. 24.95

YOUR CHOICE OF..

Sustainably Grown Coffee – Hot or Iced

Organic and / or Fair Trade Hot Tea

Fair Trade Iced Tea

100% Florida OJ with Lots of Pulp!

We offer a variety of delicious bottled beverages - from locally sourced spring water to all natural sodas, teas and juices.



# TO-GO & CATERING

WINTER | January 6<sup>th</sup> – March 2<sup>nd</sup>, 2022



### 🕒 WINTER HOURS

CARY STREET: Monday – Sunday: 7AM to 7PM

MIDLOTHIAN: Monday – Saturday: 8AM to 7PM | Sunday: 8AM to 6PM

Get a taste of some great local foods. No minimum order! Fresh baked breads and pastries from The Flour Garden, Prairie Grain Bakery and annaB's gluten-free, savory Farmhouse soups, and brownies from Chocolate Cravings. For more details about creating your special event, call 804.486.6925 or email [cateringandevents@theurbanfarmhouse.net](mailto:cateringandevents@theurbanfarmhouse.net)

Please give our Farmhands 48 hours notice for your order. (If you have a last minute request, always ask. We'll do our best to accommodate!)

## RICHMOND

1217 E. Cary Street  
Richmond, VA  
804.325.3988

## MIDLOTHIAN

13872 Coalfield Commons Place  
Midlothian, VA  
804.378.3366

## BOX BREAKFASTS

Sandwich served with half-size Fruits of the Farm. **10.45**

Cage-Free Egg & Havarti w/ Fresh Sage **VEGGIE**

Cage-Free Egg & Local Veggie Sausage **VEGGIE**

Virginia Country Ham & Cage-Free Egg

Virginia Bacon & Cage-Free Egg

Lox & Cream Cheese With Fresh Dill **+4.50**

Local Preserves, Unsalted Butter & Assorted Fresh Baked Breads **VEGGIE**

Fruits of the Farm — Served with Fresh Baked Breads **NUTS**

Freshly cut apples, pears and Vitamin C laden oranges, sprinkled with dried cranberries and drizzled with our sweet balsamic syrup. Served with locally made sour cherry preserves and Country Rolls from The Flour Garden.



## FARMHOUSE SOUPS

Ask about today's seasonal soup offerings. We have a variety of healthy, all natural soups. Nothing artificial, stocks made from scratch with fresh, hand-prepared veggies. No MSG or yeast extracts. No preservatives, additives, hydrogenated oils or modified food starches. Just yummy goodness!

8 OZ **7.75**  
12 OZ **8.75**  
32 OZ **21.45 - 25.45**

Feel free to ask about our gluten-free options too!

## BOX LUNCHES

Includes Whole Sandwich or Salad with Bread and served with choice of side Farmhouse Salad or side of Seasonal Fruits and freshly baked cookie. **16.45**

Havarti & Mushrooms **VEGGIE**

A Grilled Cheese Sandwich perfect for Winter with creamy Havarti covered with our homemade mushroom spread (assorted winter mushrooms, fresh garlic, EVOO and a dash of our House Red), grilled to provide a warm, savory delight!

Hummus & Winter Root Veggies **VEGGIE**

Portabella Mushrooms & Winter Veggies w/ Horseradish Cream **VEGGIE**

Farmhouse Chicken Salad Sandwich

Our Chicken Salad Recipe is from Grandma!

Tangy Curry Tuna Salad

Turkey & Sesame w/ Fresh Scallions

AB&J **NUTS**

Almond Butter and locally made Sour Cherry Preserves, from Rocky Branch Farm in Jetersville, VA, on 9-Grain.

Cubanos/Pimento **+4.50** | Kettle Brand Chips **+2.25**  
SUB Chocolate Cravings Brownie **+1.45**

## SALADS

Farmhouse Salad **VEGAN**

Winter Beet Salad w/ Oranges, Fennel, & Mint **VEGGIE**

Candied Walnut Gorgonzola Salad **NUTS**

Lemony Caesar Salad **VEGGIE NUTS**

ADD OUR HOUSE MARINATED & BAKED TOFU FROM TWIN OAKS OR OVEN ROASTED CHICKEN **4.50**

## FOR A CROWD

### HEN'S NEST

An assortment of our seasonal breakfast sandwiches, cut in halves and arranged in our reusable "nest."

Small, serves 6-10 **89.95**

Medium, serves 15-20 **179.95**

Large, serves 25-30 **249.95**

### PASTRIES & SWEET BREADS

Assorted Pastries & Sweet Breads **36.95**

A yummy assortment, freshly baked. Serves 6-10 **VEGGIE NUTS**

Full Loaf Banana Nut or **VEGGIE NUTS**

Seasonal Bread Serves 8-16 **24.45**

Homemade Bread Pudding **48.95**

Our unique seasonal recipe made with locally made pastries! Serves 9-18

### BAGELS

*Kettle boiled, made from scratch each day with unbleached unbromated flour, and no fats or preservatives, from Cupertino's in the West End!*

Bagel Bunch (13 bagels, 2 Tubs Any Cream Cheese) **36.95**

Dozen & A Half (18 bagels) **38.95**

Baker's Dozen (13 bagels) **27.95**

Half Dozen Bagels **13.95**

Plain Cream Cheese — 8 oz. Tub **5.25**

Homemade Flavored Cream Cheese **6.25**

Winter Veggie / Craisin Walnut /

Artichoke Parmesan — 8 oz. Tub

Lox & Cream Cheese\* **118**

Kosher Oakwood Smoked North Atlantic Salmon (no dyes or artificial preservatives), cream cheese, fresh dill and capers. Served open-face on fresh slices of rustic bread.

We're happy to substitute with Cupertino's Bagels for \$9.95 Serves 8-10

### ROOSTER'S ROOST

An assortment of our seasonal sandwiches, cut in halves and arranged in our reusable "nest" with fresh baked cookies from The Flour Garden.

Small, serves 6-10 **99.95**

Medium, serves 15-20 **229.95**

Large, serves 25-30 **369.95**

*We're happy to accommodate special requests, including dietary. Just ask!*

### GREEN PATCH

Half Size, serves 6-10 **54.95**

Full Size, serves 15-20 **89.95**

Farmhouse Salad **VEGAN**

Mixed greens with winter root veggies like parsnips and radishes, along with grated carrots, a sprinkling of bright oranges and drizzled with our Farmhouse vinaigrette.

Caesar Salad **NUTS**

Farmhouse style with raw walnuts and our eggless Caesar Dressing.

*Please ask if you'd like to add our House Marinated & Baked Tofu or Oven Roasted Chicken. We also offer a delicious Vegan Caesar Dressing!*

HALF SIZE **24.95** FULL SIZE **36.95**

Farmhouse Hummus & **VEGAN**

Winter Root Veggies

Our homemade Hummus, with the tang of fresh lemons and garlic, surrounded by loads of Winter Root Veggies like parsnips, carrots and radishes and sliced French Baguette from The Flour Garden.

\*Consuming raw or under-cooked seafood may increase your risk of foodborne illness, especially if you have a medical condition.