

RISE & SHINE

Wake up your taste buds! Served until 10:30, weekends until 2.

<div><div>❄️</div><div>Cage-Free Egg &amp; Havarti w/ Fresh Sage</div><div>VEGGIE</div></div>	7.95
Cage-Free egg, buttery and mild Havarti with fresh sage on hearty slices of French style Campagne loaf.	
<div><div>Veggie Sausage &amp; Cage-Free Egg</div><div>VEGGIE</div></div>	8.95
Tasty, toasty sandwich with 100% Veggie Sausage – tastes like the real thing!	
<div><div>Virginia Country Ham &amp; Cage-Free Egg</div></div>	8.95
Slightly salty from Surry, Virginia, delicious sandwich made with cage-free egg.	
<div><div>Virginia Bacon &amp; Cage-Free Egg</div></div>	8.95
Pasture raised, cage-free and no hormones or antibiotics used – on Campagne loaf from The Flour Garden.	
<div><div>Lox &amp; Cream Cheese w/ Fresh Dill*</div></div>	11.45
Kosher North Atlantic Salmon (no dyes or artificial preservatives), smoked with oakwood with all the fixings - cream cheese, fresh dill and chopped red onion, and those tart little capers on open-face Campagne loaf.	
<div><div>❄️ Irish Oatmeal w/ Seasonal Fruits</div><div>VEGAN</div></div>	7.35
These oats are 100% whole grain, so contain all the combined goodness of the endosperm, brand and germ. With freshly chopped pears and dried cranberries.	
<div><div>❄️ Fresh Seasonal Preserves, Unsalted Butter &amp; Bread</div><div>VEGGIE</div></div>	6.85
Seasonal Holiday Jam paired with unsalted butter and assorted fresh breads baked daily from The Flour Garden and Prairie Grain Bakery	
EXTRA CHEESE <b>1.90</b> EXTRA BUTTER <b>1.30</b> EXTRA PRESERVES <b>1.30</b> EXTRA PROTEIN <b>4.75</b> AVOCADO <b>2.00</b>	
SUB FREE RANGE EGG WHITES <b>1.55</b> SUB GLUTEN FREE BREAD <b>2.40</b> SUB GLUTEN FREE BAGEL <b>2.90</b>	
<div><div>Fresh Fruit &amp; Yogurt Parfait</div><div>VEGGIE</div></div>	8.45
Made with Organic Vanilla Yogurt and bright holiday fruits like Clementines, pears, and topped with organic granola.	
<div><div>Bagels</div><div>VEGGIE</div></div>	2.40
Cupertino's in the West End isn't New York but that's where our Bagel Maker is from - making kettle boiled, fro scratch each morning with unbleached, unbromated flour, and no fats or preservatives!	
<div><div>w/ Plain Cream Cheese</div></div>	+3.95
<div><div>w/ Homemade Flavored Cream Cheese</div></div>	+4.75
Also, try annaB's Gluten-Free Bagels	3.75
Plain / Everything	

❄️ Winter Veggie / Craisin & Walnut / Artichoke Parmesan

❄️ Seasonal Menu Item

\*Cold smoked salmon is not cooked. Consuming raw or under-cooked seafood may increase your risk of foodborne illness.

WARM UP

Our coffee is freshly roasted by the fine folks from Legacy Coffee Roasters in Hopewell. We offer Half & Half, and Organic Vanilla Soy, Almond, Oat, and Coconut Milk.

CLASSIC ESPRESSO DRINKS	8 oz	
Espresso (double)	3.10	
Macchiato	4.10	
Farmhouse Cappuccino	4.25	
Cortado	4.25	
	12 oz	16 oz
Americano	3.10	4.10
Latte	4.40	5.10
Flat White	4.35	5.10
ADD ORGANIC OR SUGAR FREE FLAVOR SYRUP <b>1.25</b>		
Organic: Vanilla / Hazelnut / Raspberry / Caramel   Sugar Free: Vanilla / Hazelnut / Caramel		
ADD ESPRESSO SHOT	1.75	SUBSTITUTE SOY, ALMOND, COCONUT OR OAT MILK 1.25
BREWED COFFEE CLASSICS	12 oz	16 oz
Freshly Brewed Coffee	2.60	2.95
COFFEE REFILL <b>1.05</b>		
Cafe au Lait	3.75	4.15
CAFÉ SPECIALITIES	12 oz	16 oz
Café Mocha	5.35	6.00
Coffee Toffee Latte	5.35	6.00
Chai Tea Latte	5.35	6.00
Dirty Chai Tea Latte	6.30	6.95
Matcha Tea Latte	6.30	6.95
❄️ Eggnog Latte	6.25	6.75
❄️ Gingerbread Latte	6.25	6.75
❄️ Peppermint Mocha	6.25	6.75
Hot Fairtrade Dark Cocoa	4.75	5.35
Vanilla Steamer	3.75	4.35
Serendipitea Organic Hot Tea	3.65	4.25
London Fog	6.30	6.95


Bring-your-own-mug and get a 25¢ discount.



URBAN FARMHOUSE MARKET & CAFÉ™

CAFÉ MENU

HOLIDAY | November 16<sup>th</sup> – January 3<sup>rd</sup>, 2024

 **HOLIDAY HOURS**

**CARY STREET:** Monday – Sunday: **7 AM** to **7 PM**

**EDGEWORTH BUILDING:** Monday – Friday: **8 AM** to **3 PM**

**MIDLOTHIAN:** Monday – Saturday: **8 AM** to **7 PM** | Sunday: **8 AM** to **6 PM**

**RICHMOND**

1217 E. Cary Street  
Richmond, VA  
804.325.3988

**EDGEWORTH BUILDING**

2100 E. Cary Street  
Richmond, VA  
804.562.9246

**MIDLOTHIAN**

13872 Coalfield Commons Place  
Midlothian, VA  
804.378.3366

## SALADS

Pure joyful gluten free salads, paired with fresh baked vegan breads from The Flour Garden. Feel free to ask for gluten free bread substitutes from AnnaB's.

Farmhouse Holiday Salad

VEGAN

9.25

Mixed greens with fresh early winter root veggies like parsnips, carrots and radishes, sprinkled with our Farmhouse Vinaigrette.

Cranberry Bleu Salad

VEGGIE

NUTS

11.85

Mixed greens, toasted almonds, red onion and crumble blue cheese tossed with our tangy Cranberry Dressing.

Clementine Walnut Salad

VEGGIE

NUTS

11.85

Mixed greens tossed with red onion, sweet raisins, creamy crumbled feta and sweet Clementines with crunchy walnuts and our Homemade Maple Dressing.

Lemony Caesar Salad

VEGGIE

NUTS

9.75

w/ Antibiotic Hormone-Free Chicken

14.45

Made with the Farmhouse's own eggless Caesar Dressing. Vegans rejoice! We also offer a delicious Vegan Caesar Dressing - you won't be able to tell the difference! *Shredded Parmesan is on the salad so please ask if you do not want!*

EXTRA DRESSING 1.15    ADD OUR HOUSE MARINATED & BAKED TOFU FROM TWIN OAKS 4.75

Holiday Fruits Plate

VEGGIE

NUTS

8.45

A mixture of sweet Clementines, pears and dried cranberries, with roasted walnuts and Seasonal Holiday Jam with a Country Roll.

This & That Plate

12.95

A little bit of this and a little bit of that. Our homemade Tuna Salad and our Roasted Walnut Hummus, atop mixed greens with crunchy hand-cut carrot sticks.

## FARMHOUSE SOUPS

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Seasonal Menu Item



## SANDWICHES

Our breads are baked fresh daily by The Flour Garden and Prairie Grain Bakery and we offer gluten free breads from AnnaB's. Sandwiches are served with your choice of freshly made Winter Slaw, Potato Chips with Himalayan Salt, or an Apple or Orange AND hand-cut carrot sticks!

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<div><div><div><div><div><div><span></span></div></div></div><div><div><div><span></span></div></div><div><div><span></span></div></div></div><div><div><div><span></span></div></div><div><div><span></span></div></div></div></div></div><div>Roasted Walnut Hummus</div></div> <div>VEGGIE</div> <div>11.45</div>	Our Homemade Hummus is perfect for the season! This is our traditional hummus with a twist - we use all natural handcrafted Walnut Oil (instead of EVOO), tone down the lemon a bit, keep the fresh garlic & serve open-face with Roasted Walnuts sprinkled on top for a roasty crunch!
<div><div><div><div><div><div><span></span></div></div></div><div><div><div><span></span></div></div><div><div><span></span></div></div></div><div><div><div><span></span></div></div><div><div><span></span></div></div></div></div></div><div>Craisin Cream Cheese &amp; Winter Root Veggies</div></div> <div>VEGGIE</div> <div>11.45</div>	Our homemade holiday cream cheese, slightly sweet with craisins & crunchy walnuts – a hint of cinnamon paired with crunchy early winter root veggies and mixed greens on 9-Grain.
<div><div><div><div><div><div><span></span></div></div></div><div><div><div><span></span></div></div><div><div><span></span></div></div></div><div><div><div><span></span></div></div><div><div><span></span></div></div></div></div></div><div>Flipper-Friendly Tuna Melt</div></div>	12.95
Our tuna salad made with dolphin safe tuna, diced red onions and Kosher baby dills and then grilled with tangy Swiss on 9-Grain bread.	
<div><div><div><div><div><div><span></span></div></div></div><div><div><div><span></span></div></div><div><div><span></span></div></div></div><div><div><div><span></span></div></div><div><div><span></span></div></div></div></div></div><div>Turkey &amp; Havarti w/ Cranberry Salsa</div></div>	12.95
Sliced turkey breast, buttery and mild Harvarti and our tangy homemade Cranberry Salsa on Campagne loaf.	
<div><div><div><div><div><div><span></span></div></div></div><div><div><div><span></span></div></div><div><div><span></span></div></div></div><div><div><div><span></span></div></div><div><div><span></span></div></div></div></div></div><div>Q Bleu Chicken</div></div>	12.95
Our own unique Buffalo Bleu taste with a snappy vinegar based sauce, creamy bleu cheese and birched onions.	
<div><div><div><div><div><div><span></span></div></div></div><div><div><div><span></span></div></div><div><div><span></span></div></div></div><div><div><div><span></span></div></div><div><div><span></span></div></div></div></div></div><div>Farmhouse Chicken Salad Sandwich</div></div>	12.95
Our Chicken Salad Recipe is from Grandma! We've created our Farmhouse twist by combining our oven roasted chicken breast with lots of crunchy celery, fresh parsley, Vegan Mayo and lots of tangy lemon!	

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Bountiful combination of Virginia Ham from Edwards Farms and pork, thinly sliced with dill pickles and Swiss Cheese, with a tangy contrast of sharp American mustard!	
<div><div><div><div><div><div><span></span></div></div></div><div><div><div><span></span></div></div><div><div><span></span></div></div></div><div><div><div><span></span></div></div><div><div><span></span></div></div></div></div></div><div>Farmhouse Pimento Grilled Cheese with Crispy Bacon</div></div>	12.95
A lighter recipe but deliciously creamy with crispy bacon - yummy AND messy!	
<div><div><div><div><div><div><span></span></div></div></div><div><div><div><span></span></div></div><div><div><span></span></div></div></div><div><div><div><span></span></div></div><div><div><span></span></div></div></div></div></div><div>AB &amp; Honey w/ Fresh Banana</div></div> <div>VEGGIE</div> <div>NUTS</div> <div>9.95</div>	Almond Butter and freshly cut banana, with <i>True Source Certified</i> Honey – yummy! On 9-Grain bread.
<div><div><div><div><div><div><span></span></div></div></div><div><div><div><span></span></div></div><div><div><span></span></div></div></div><div><div><div><span></span></div></div><div><div><span></span></div></div></div></div></div><div>TOAST!</div></div> <div>VEGAN</div> <div>8.45</div>	Avocado Toast or Hummus Toast. Simple but delicious! Both made in-house, on a slice of 9-Grain. Try Half of Each! Double Toast + 3.50   Add our Oakwood Smoked Salmon + 4.75
EXTRA CHEESE 1.90    EXTRA ALMOND BUTTER 1.30    ADD PROTEIN 4.75	

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Half-Soup / Half-Salad / Half-Sandwich	
Are you urban or are you farmhouse? Can't decide? Enjoy a taste of both - pick any twosome from a Half-Soup or Half-Salad or Half-Sandwich!	

Please Note: HALF CUBANO +50¢

## JUICES

Detox

Energy

Immunity

16oz

9.25

## REFRESH

Ask about our O-B-S-L wines (Organic-Biodynamic-Sustainable-Local) and carefully selected array of craft beers!

	16oz	20 oz		16oz
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Coffee or Vanilla		5.20	Caramel, Mocha, or Coffee Toffee	
5.90		FarmFrost Chai		6.30
Farmhouse Smoothies		5.90	Nutter Butter Banana / Ambrosia Berri	
*Smoothie of the Season		6.30	Spiced Apple - Crisp red apple, banana, Organic Vanilla Soy and our homemade Gingerbread Syrup. Perfect for the season!	
Farmhouse Shakes		Made with Homestead Creamery Ice Cream. It's non- GMO antibiotics-free, hormone-free, Kosher and the cows are treated through homeopathic health management!		
Vanilla 6.30 Espresso or Mocha 7.45		Chocolate 6.30 * Eggnog 7.95		

Let us cater your cozy office chats or casual get-togethers!  
Email [cateringandevents@theurbanfarmhouse.net](mailto:cateringandevents@theurbanfarmhouse.net) or call 804.486.6925