SWEET TREATS

Freshly Baked Cookies

A Baker's Dozen of Oatmeal Raisin or Oatmeal Chocolate Chip (Gluten-free options available) 55

Brownie Sheet

Great for birthdays and office celebrations! Serves 15-30 (Gluten-free options available)

Sweet Twosome

Enjoy both with half of each, Cookie & Brownie. Serves 12–18 (Gluten-free options available)

Harvest Fruits Veggie (NUTS)

A combination of fruit, including Fall's Harvest of apples and pears, sprinkled with roasted walnuts and drizzled with our Honey Balsamic Syrup. Served with a variety of freshly baked breads and locally made Apple Butter. Serves 8-10

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Cheeses & Fruits VEGGIE (NUTS)
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Selection of local and imported cheeses, perfect with a glass of one of our organic wines! Served with fresh, seasonal fruit and assorted breads. Serves 8-10

Charcuterie Plate

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Selection of hand cut meats, sourced from Olli Salumeria in Mechanicsville, VA, and seasonal cheeses, with fresh breads from The Flour Garden, and a delicious dollop of local Chutney from Virginia Chutney Co., in Washington, VA. Serves 8-10

We're able to deliver our organic, biodynamic, sustainable or local wines and local and craft beers to accompany your farm fare. Please ask!



SNACK TIME *

28

38

52

98

124

Nuts & Seeds	42
An assorment of nuts, dried fruits and seed	ls.
Choice of roasted almonds, raw walnuts,	
pistachios, raisins, craisins, and pumpkin s	seeds.
serves 8-10	
Snack Bars	52
A fun and delicious way to energize!	
Choose from RX BAR, KIND, Fig Bar, and	
Clif Organic.	
serves 8-10	
Chocolate Delight	59
Everyone loves chocolate! A combination o	f
chocolate bars Ritter Sport, Chocolove, The	0,
Justin's and Divine.	
serves 8-10	
* Availability may vary seasonally	

THE TROUGH

We're proud to work with Legacy Coffee Roasters in Hopewell, VA to offer Organic and Fair Trade Coffees from around the world. We also provide a delicious variety of organic and Fair Trade hot teas. All are served in an earth-friendly Trough. Includes 12, 8oz. green cups, wooden stirrers, local hormone and antibiotic free milk, raw sugar, and natural low calorie sweetener. 26.95

YOUR CHOICE OF ...

Sustainably Grown Coffee – Hot (Cold Brew +5) Organic and / or Fair Trade Hot Tea

Fair Trade Iced Tea (Flavored +5)

100% Florida OJ with Lots of Pulp!

Coffee For A Crowd

199

Serves 90, 8oz cups. *Rental fee extra. Available to serve up to 1500.

We offer a variety of delicious bottled beverages - from locally sourced spring water to all natural sodas, teas and juices



0-<u>G0 &</u> CATERING

EARLY FALL | September 7th – October 4^h, 2023



() EARLY FALL HOURS

CARY STREET: Monday - Sunday: 7 AM to 7 PM EDGEWORTH BUILDING: Monday - Friday: 8AM to 3PM MIDLOTHIAN: Monday - Saturday: 8AM to 7PM | Sunday: 8AM to 6PM

We've always said (and we still do), if we can walk it, it's FREE! No Delivery Charges or Minimums. We now offer even more ways to get the great taste of our freshly made sandwiches, salads and soups! You can call 804.486.6925 or email

cateringandevents@theurbanfarmhouse.net or go to our website to submit your order. Healthy and homemade coming your way!

Please give our Farmhands 48 hours notice for your order. (If you have a last minute request, always ask. We'll do our best to accommodate)!

RICHMOND 1217 E. Cary Street Richmond, VA 804.325.3988 EDGEWORTH BUILDING 2100 E. Cary Street Richmond, VA 804.562.9246 **MIDLOTHIAN** 13872 Coalfield Commons Place Midlothian, VA 804.378.3366

THEURBANFARMHOUSE.NET

BOX BREAKFASTS

Sandwich served with half-siz	۵
Seasonal Fruits.	10.95
Cage-Free Egg & Cabot Vermont Cheddar w/ Fresh Thyn	VEGGIE 10
Cage-Free Egg & Local Veggie Sausage	VEGGIE
Virginia Country Ham & Cage-Free Egg	
Virginia Bacon & Cage-Free Egg	
Lox & Cream Cheese With Fresh Dill*	+4.75
Apple Butter, Unsalted Butter & Assorted Fresh Baked Breads	VEGGIE
Harvest Fruits – Served with Fresh	VEGGIE

Baked Bread

Fall's first harvest of apples and pears and roasted walnuts, drizzled with a sweet balsamic syrup, with locally made apple butter and a Country Roll.

NUTS



FARMHOUSE SOUPS

Ask about today's seasonal soup offerings. We have a variety of healthy, all natural soups. Nothing artificial, stocks made from scratch with fresh, hand-prepared veggies. No MSG or yeast extracts. No preservatives, additives, hydrogenated oils or modified food starches. Just yummy goodness!

Soup For A Group	125
32 OZ	22.45 - 26.45
12 OZ	8.95
8 OZ	7.95

Serves 15-20 *Rental fee extra Feel free to ask about our gluten-free options too!

BOX LUNCHES

Includes Whole Sandwich or Salad with Bread and served with choice
of side Farmhouse Salad or side of
Seasonal Fruits and freshly baked
cookie. 17.45
Farmer's Grilled Cheese w/ Apples VEGGIE
Cabot Vermont Cheddar and locally harvested
Granny Smith Apples on Campagne loaf.
Coyote Hummus VEGGIE
Coyote Cream Cheese & VEGGIE
Harvest Veggies
Farmhouse Chicken Salad Sandwich
Our Chicken Salad Recipe is from Grandma!
Waldorf Tuna Salad
Yellow Fin Tuna, crunchy apples mixed with
celery, raisins, and walnuts, with a dash of
locally made Showalter's Apple Cider and lightly
locally made showaller's Apple cluer and lightly
tossed with Greek Yogurt.
tossed with Greek Yogurt.
tossed with Greek Yogurt. Turkey & Fresh Mixed Apple-Date Chutney
tossed with Greek Yogurt. Turkey & Fresh Mixed Apple-Date Chutney Sliced turkey breast topped with our homemade
tossed with Greek Yogurt. Turkey & Fresh Mixed Apple-Date Chutney Sliced turkey breast topped with our homemade fresh roasted Apple-Date Chutney and birched red onions on Campagne loaf. (NUTS)
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tossed with Greek Yogurt. Turkey & Fresh Mixed Apple-Date Chutney Sliced turkey breast topped with our homemade fresh roasted Apple-Date Chutney and birched red onions on Campagne loaf. NUTS AB^2 NUTS A perfect formula! Almond butter and local



ADD OUR HOUSE MARINATED & BAKED TOFU FROM TWIN OAKS OR OVEN ROASTED CHICKEN +4.75 *Vegan option available.

FOR A CROWD

HEN'S NEST

An assortment of our seasonal breakfast sandwiches, cut in halves and arranged in our reusable "nest."

Small, serves 6-10	94.95
Medium, serves 15-20	189.95
Large, serves 25-30	259.95

PASTRIES & SWEET BREADS

Assorted Pastries & Sweet Breads	38.95
A yummy assortment, freshly baked. Serves 6–10 (Gluten-Free options available) VEGGIE	NUTS
Full Loaf Banana Nut or VEGGIE Seasonal Bread Serves 8–16	NUTS 24.45
Homemade Bread Pudding (NUTS) Our unique recipe made with locally made Serves 9–18	49.95 pastries!

BAGELS

Bagel Bunch (13 bagels, 2 Tubs Any C Cheese)	ream 38.95
Dozen & A Half (18 bagels)	39.95
Baker's Dozen (13 bagels)	
Half Dozen Bagels	
Plain Cream Cheese — 8 oz. Tub	5.75
Homemade Flavored Cream Cheese Coyote / Honey Vanilla Walnut Harvest Veggie – 8 oz. Tub	6.75
Lox & Cream Cheese*	124

Lox & Cream Cheese*

Our own Farm-Fish version with Kosher Oakwood Smoked North Atlantic Salmon (no dyes or artificial preservatives), cream cheese, fresh dill and capers. Served open-face on baked that morning French style Campagne bread. We're happy to substitute with Cupertino's Bagels for \$12.95 Serves 8-10

ROOSTER'S ROOST

An assortment of our seasonal sandwiches, cut in halves and arranged in our reusable "nest" with fresh baked cookies from The Flour Garden.

5	Small, serves 6-10	104.95
5	Medium, serves 15-20	239.95
	Large, serves 25-30	379.95

SAVORY

Farmhand Bread Pudding

79.95

Baked in house our own special recipe! Made with breads from The Flour Garden and Prairie Grain Bakery, and a savory custard loaded with Veggie Sausage, lots of sharp cheddar and fresh green onions! Serves 9-18

GREEN PATCH

Half Size, serves 6-10	57.95
Full Size, serves 15-20	94.95
Farmhouse Salad w/ Fresh Squash,	VEGAN

Zucchini and Peppers

Mixed greens with fresh squash, zucchini and green peppers, sprinkled with our Farmhouse vinaigrette.

Caesar Salad

VEGGIE (NUTS)

VEGGIE

Farmhouse style with raw walnuts and our eggless Caesar Dressing.

Please ask if you'd like to add our House Marinated & Baked Tofu or Oven Roasted Chicken.

HALF SIZE 26.95 FULL SIZE 38.95

Hummus & Seasonal Veggies

Our homemade Coyote Hummus, surrounded by loads of fresh squash, zucchini and green peppers and sliced French Baguette from The Flour Garden.