#### **SWEET TREATS**

Freshly Baked Cookies A Baker's Dozen of Oatmeal Raisin or Oatmeal	28
Chocolate Chip (Gluten-free options available	too!)
Brownie Sheet	55
Great for birthdays and office celebrations!	
Serves 15–30 (Gluten-free options available to	o!)
Sweet Twosome	38
Enjoy both with half of each, Cookie & Brown	ie.
Serves 12–18 (Gluten-free options available to	0!)
Fruits of the Farm VEGGIE (NUTS)	52
Freshly cut apples and pears, sprinkled with	

roasted almonds and drizzled with our sweet honey balsamic syrup. Served with organic strawberry preserves and Country Rolls from The Flour Garden.

Serves 8-10

Cheeses & Fruits VEGGIE (NUTS)

Selection of local and imported cheeses, perfect with a glass of one of our organic wines! Served with fresh, seasonal fruit and assorted breads. Serves 8-10 

**Charcuterie Plate** Selection of hand cut meats, sourced from Olli

Salumeria in Mechanicsville, VA, and seasonal cheeses, with fresh breads from The Flour Garden, and a delicious dollop of local Chutney from Virginia Chutney Co., in Washington, VA. Serves 8-10

We're able to deliver our organic, biodynamic, sustainable or local wines and local and craft beers to accompany your farm fare. Please ask!



### **SNACK TIME\***

Nuts & Seeds	42
An assorment of nuts, dried fruits and seeds	
Choice of roasted almonds, raw walnuts,	
pistachios, raisins, craisins, and pumpkin se	eds.
serves 8-10	
Snack Bars	52
A fun and delicious way to energize! Choos	е
from Health Warrior, KIND, RXBar, Fig Bar,	
and Clif Organic.	
serves 8-10	
Chocolate Delight	59
Everyone loves chocolate! A combination of	
chocolate bars Ritter Sport, Chocolove,	
Divine and Justin's.	
serves 8-10	
* Availability may vary seasonally	

THE TROUGH

98

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We're proud to work with Legacy Coffee Roasters in Hopewell, VA to offer Organic and Fair Trade Coffees from around the world. We also provide a delicious variety of organic and Fair Trade hot teas. All are served in an earth-friendly Trough. Includes 12, 8oz. green cups, wooden stirrers, local hormone and antibiotic free milk, raw sugar, and natural low calorie sweetener. 26.95

YOUR CHOICE OF...

Sustainably Grown Coffee - Hot or Iced

Organic and / or Fair Trade Hot Tea

Fair Trade Iced Tea

100% Florida OJ with Lots of Pulp!

..... **Coffee For A Crowd** 199 Serves 90, 8oz cups.

\*Rental fee extra. Available to serve up to 1500.

We offer a variety of delicious bottled beverages - from locally sourced spring water to all natural sodas, teas and juices.



# CATERING MENU **EARLY SPRING** | March 2<sup>nd</sup> - April 19<sup>th</sup>, 2023





#### **()** EARLY SPRING HOURS

CARY STREET: Monday - Sunday: 7 AM to 7 PM EDGEWORTH BUILDING: Monday - Friday: 8AM to 3PM MIDLOTHIAN: Monday – Saturday: 8AM to 7PM | Sunday: 8AM to 6PM

We've always said (and we still do), if we can walk it, it's FREE! No Delivery Charges or Minimums. We now offer even more ways to get the great taste of our freshly made sandwiches, salads and soups! You can call 804.486.6925 or email

cateringandevents@theurbanfarmhouse.net or go to our website to submit your order. Healthy and homemade coming your way!

Please give our Farmhands 48 hours notice for your order. (If you have a last minute request, always ask. We'll do our best to accommodate)!



#### **BAG BREAKFASTS**

Sandwich served with half-size Fruits of the Farm.	e 10.95
Cage Free Egg & Cabot Vermont Cheddar w/ Fresh Tarra	VEGGIE
Cage Free Egg & Local Veggie Sausage	VEGGIE
Virginia Country Ham & Cage Free Egg	
Virginia Bacon & Cage Free Egg	
Lox & Cream Cheese With Fresh Dill*	+4.75
Local Preserves, Unsalted Butter & Ass Fresh Baked Breads	sorted veggie
Fruits of the Farm – Served with Fresh Baked Breads	NUTS

Freshly cut apples, pears, and Vitamin C laden oranges, sprinkled with dried cranberries and drizzled with our sweet balsamic syrup. Served with organic seasonal preserves and a Country Roll from The Flour Garden.



#### **FARMHOUSE SOUPS**

Ask about today's seasonal soup offerings. We have a variety of healthy, all natural soups. Nothing artificial, stocks made from scratch with fresh, hand-prepared veggies. No MSG or yeast extracts. No preservatives, additives, hydrogenated oils or modified food starches. Just yummy goodness!

8 OZ	7.95
12 OZ	8.95
32 OZ	22.45 - 26.45
Soup For A Group	125
Serves 15-20	
*Rental fee extra.	

### **BAG LUNCHES**

Includes Whole Sandwich or Salad with Bread and served with choice of side Farmhouse Salad or side of Seasonal Fruits and freshly baked cookie. 17.45

VEGGIE **Farmer's Grilled Cheese** A yummy melting Cabot Vermont Cheddar topped with fresh baby arugula on Campagne bread.

Fresh Spinach Hummus Sandwich	VEGGIE
Spring Spinach w/ Feta Crème	VEGGIE

#### Tarragon Tuna Salad

Mayonnaise-free tuna salad made with fresh tarragon, carrots, fresh Italian parsley and a wee dollop of Dijon and Greek Yogurt, served on Prairie Grain's 9-Grain bread.

#### Mango Turkev

AB&J

Made with our homemade Mango Chutney! **Farmhouse Chicken Salad Sandwich** 

Our Chicken Salad Recipe is from Grandma! 



Almond Butter and Organic Preserves, from Rocky Branch Farm in Jetersville, VA, on 9-Grain from Prairie Grain Bakery in Southside. 

Cubanos/Pimento +4.75 | Kettle Brand Chips +2.50 SUB Chocolate Cravings Brownie +1.55

## SALADS

Farmhouse Salad		VEGAN
Asparagus & White Bean w/ Feta Salad		VEGGIE
Arugula & Bleu Cheese Salad	VEGGIE	NUTS
Lemony Caesar Salad	VEGGIE	(NUTS)

ADD OUR ANTIBIOTIC/HORMONE-FREE CHICKEN OR OUR HOUSE-MARINATED AND BAKED TOFU FROM TWIN OAKS. 4.75

Feel free to ask about our gluten-free options too!

### FOR A CROWD

### **HEN'S NEST**

An assortment of our seasonal breakfast sandwiches. cut in halves and arranged in our reusable "nest." reusable "nest."

Small, serves 6-10	94.95
Medium, serves 15-20	189.95
Large, serves 25-30	259.95

#### **PASTRIES & SWEET BREADS**

Assorted Pastries & Sweet Breads A yummy assortment, freshly baked.	
· · · · ·	GGIE NUTS
Full Loaf Banana Nut or VE Seasonal Bread Serves 8-16	GGIE NUTS 24.95
Homemade Bread Pudding Serves	
Our unique recipe made with locally r	
Kettle boiled, made from	scratch each

**DAOFIO** day with unbloached

BAGELS and no fats or preservatives, j Cupertino's in the West End!	
<b>Bagel Bunch</b> (13 bagels, 2 Tubs Any C Cheese)	ream <b>38.95</b>
Dozen & A Half (18 bagels)	39.95
Baker's Dozen (13 bagels)	28.95
Half Dozen Bagels	14.95
Plain Cream Cheese — 8 oz. Tub	5.75
Homemade Flavored Cream Cheese	6.75
Spring Veggie / Cinnamon Raisin /	
Mamma Mia — 8 oz. Tub	

#### Lox & Cream Cheese\*

Our own Farm-Fish version with Kosher Oakwood Smoked North Atlantic Salmon\* (no dyes or artificial preservatives), cream cheese, fresh dill and capers. Served open-face on baked that morning French style Campagne bread. We're happy to substitute with Cupertino's Bagels for \$12.95 Serves 8-10

### **ROOSTER'S ROOST**

An assortment of our seasonal sandwi cut in halves and arranged in our reus "nest" with fresh baked cookies from	
The Flour Garden.	
Small, serves 6-10	104.95
Medium, serves 15-20	239.95
Large, serves 25-30	379.95

We're happy to accommodate special requests, including dietary. Just ask!

#### SAVORY

#### Farmhand Bread Pudding

79.95

Baked in house our own special recipe! Made with breads from The Flour Garden and Prairie Grain Bakery, and a savory custard loaded with Veggie Sausage, lots of sharp cheddar and fresh green onions! Serves 9-18

#### **GREEN PATCH**

Half Size, serves 6-10	57.95
Full Size, serves 15-20	94.95
Farmhouse Salad	VEGAN

Mixed greens with grated carrots and radish and fresh Spring herbs, sprinkled with our Farmhouse Vinaigrette.

#### Caesar Salad

VEGGIE (NUTS)

Farmhouse style with raw walnuts and our eggless Caesar Dressing.

Please ask if you'd like to add our House Marinated & Baked Tofu or Oven Roasted Chicken. We also offer a delicious Vegan Caesar Dressing!

HALF SIZE 26.95 FULL SIZE 38.95



VEGGIE

Our homemade Fresh Spinach Hummus, surrounded by loads of seasonal veggies and sliced French Baguette from The Flour Garden.

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