RISE & SHINE Wake up your taste buds! Served until 10:30, weekends until 2.

Breakfast Sandwiches are served with fresh sliced seasonal fruit!



Free range egg, fresh Mozzarella and Summer Basil on hearty slices of French Campagne loaf. ......

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Veggie Sausage & Egg VEGGIE

7.95

Tasty, toasty sandwich with Veggie Sausage from Twin Oaks in Louisa, Virginia tastes like the real thing!

Virginia Country Ham & Egg

Slightly salty from Surry, Virginia, delicious sandwich made with cage-free egg. 

Virginia Bacon & Egg

Pasture raised, cage-free and no hormones or antibiotics used - on Campagne loaf from The Flour Garden.

Lox & Cream Cheese w/ Fresh Dill\*

Kosher North Atlantic Salmon (no dyes or artificial preservatives), smoked with oakwood with all the fixings - cream cheese, fresh dill and chopped red onion, and those tart little capers on open-face Campagne loaf.



# Irish Oatmeal w/ Fresh Local Berries (VEGAN)

These oats are 100% whole grain, so contain all the combined goodness of the endosperm, bran and germ. Served topped with fresh seasonal berries.

Fresh Seasonal Preserves, Unsalted Butter & Breads Veggie

Organic Strawberry Preserves, unsalted butter, and assorted fresh breads baked daily from The Flour Garden and Prairie Grain Bakery.

Fresh Fruit & Yogurt Parfait VEGGIE

Made with Organic Vanilla Yogurt, summer melons and berries, topped with Organic Granola.

EXTRA CHEESE 1.90 EXTRA BUTTER 1.30 EXTRA PRESERVES 1.30 EXTRA PROTEIN 4.75 AVOCADO 2.00 SUB FREE RANGE EGG WHITES 1.55 SUB GLUTEN FREE BREAD 2.40 SUB BAGEL 2.90

Bagels VEGGIE

2.40

Kettle boiled, made from scratch each day with unbleached unbromated flour, and no fats or preservatives, from Cupertino's in the West End.

w/ Plain Cream Cheese

+3.95

w/ Homemade Flavored

+4.75

Cream Cheese

Also, try annaB's Gluten-Free Bagels 3.75 Plain / Everything



Summer Veggie / Cinnamon Raisin / Mamma Mia



Seasonal Menu Item

\*Cold smoked salmon is not cooked. Consuming raw or under-cooked seafood may increase your risk of foodborne illness.













# WARM UP

Our coffee is freshly roasted by the fine folks from Legacy Coffee Roasters in Hopewell. Lots of delicious "milk" options: Half & Half, Vanilla Soy and Almond, Oat and Coconut.

## **CLASSIC ESPRESSO DRINKS**

Espresso (double)	3.10
Macchiato	4.10
Farmhouse Cappuccino	4.25
Cortado	4.25
Americano	12 oz 16 oz <b>3.10 4.10</b>
Latte	4.40 5.10
Flat White	4.35 5.10

ADD ORGANIC OR SUGAR FREE FLAVOR SYRUP 1.25

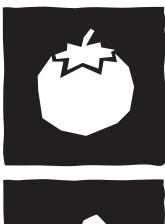
Organic: Vanilla / Hazelnut / Raspberry / Caramel | Sugar Free: Vanilla / Hazelnut / Caramel ADD ESPRESSO SHOT 1.75 | SUBSTITUTE SOY, ALMOND, COCONUT, OR OAT MILK 1.25

BREWED COFFEE CLASSICS	12 oz	16 oz
Freshly Brewed Coffee	2.60	2.95
COFFEE REFILL 1.05		
Cafe au Lait	3.75	4.15

CAFÉ SPECIALITIES	12 oz	16 oz
Café Mocha	5.35	6.00
Coffee Toffee Latte	5.35	6.00
Chai Tea Latte	5.35	6.00
Dirty Chai Tea Latte		6.95
Matcha Tea Latte		6.95
Hot Fairtrade Dark Cocoa	4.75	5.35
Vanilla Steamer	3.75	4.35
Serendipitea Organic Hot Tea	3.65	4.25
London Fog	6.30	6.95

Bring-your-own-mug and get a 25¢ discount.







# CAFÉ MENU

**SUMMER** | June 1, 2023 - September 6, 2023

# ( SUMMER HOURS

CARY STREET: Monday - Sunday: 7 AM to 7 PM

EDGEWORTH BUILDING: Monday - Friday: 8AM to 3PM

MIDLOTHIAN: Monday - Saturday: 8AM to 7PM | Sunday: 8AM to 6PM

# RICHMOND

1217 E. Cary Street Richmond, VA 804.325.3988

# **EDGEWORTH BUILDING**

2100 E. Cary Street Richmond, VA 804.562.9246

# **MIDLOTHIAN**

13872 Coalfield Commons Place Midlothian, VA 804.378.3366

Pure joyful gluten free salads, paired with fresh baked vegan breads from The Flour Garden. Feel free to ask for gluten free bread substitutes from AnnaB's.

# Farmhouse Salad w/ Fresh Cucumbers & Peppers Vegan

9.25

Mixed greens with sliced cucumbers and a medley of fresh Summer peppers, sprinkled with our Farmhouse Vinaigrette. ......

# Fresh Mint Cucumber Salad w/ Feta VEGGIE

Mixed greens topped with our version of a Summer cucumber salad - cucumbers, homegrown Hanover tomatoes, red onion and fresh mint marinated in our tart red vinaigrette, topped

# Local Tomato, Fresh Basil & Mozzarella Salad Veggie

11.85

Nothing better during a hot Richmond Summer! Fresh chunks of local tomatoes and Mozzarella with Fresh Basil atop mixed greens and drizzled with EVOO.

Lemony Caesar Salad VEGGIE (NUTS)	9.75
w/ Antibiotic/Hormone-free Chicken	14.45

.....

Made with the Farmhouse's own eggless Caesar Dressing.

EXTRA DRESSING 1.15 ADD OUR HOUSE MARINATED & BAKED TOFU FROM TWIN OAKS 4.75

# Fruits of the Farm **VEGGIE**

Summer's fruit - berries and sweet melons, drizzled with our Organic Honey Vanilla

# This & That Plate (NUTS)

Some of our homemade Thai Tuna Salad and some of our Roasted Red Pepper Hummus atop mixed greens with crunchy hand-cut carrot sticks.

# FARMHOUSE SOUPS

# Farmhouse Soups Veggie Vegan

7.95 CUP / 8.95 BOWL

Ask about today's seasonal soup offerings. We have a variety of healthy, all natural soups. Nothing artificial, stocks made from scratch with fresh, hand-prepared veggies. No MSG or yeast extracts. No preservatives, additives, hydrogenated oils or modified food starches. Just yummy goodness!

# Seasonal Menu Item



Our breads are baked fresh daily by The Flour Garden and Prairie Grain **SANDWICHES**Bakery and we offer gluten free breads from AnnaB's. Sandwiches are served with your choice of fresh Seasonal Fruits. Potato Chips with served with your choice of fresh Seasonal Fruits, Potato Chips with Himalayan Salt, or an Apple or Orange AND hand-cut carrot sticks!

# Farmhouse Pimento Grilled Cheese w/ VA Tomatoes VEGGIE

Our Farmhouse Pimento Cheese, grilled with fresh local tomatoes on Campagne Loaf baked fresh each morning from The Flour Garden!

# Roasted Red Pepper Hummus VEGGIE

Our Farmhouse Hummus with a Summer twist! Fresh garlic and lemon with smoky roasted red pepper, on 9-Grain Bread from Prairie Grain Bakery. ......

# Summer Pepper Pesto & Goat Cheese VEGGIE (NUTS)

10.75

Open-faced sandwich with creamy old world farm style goat cheese topped with the freshness of our chunky Summer Pepper Pesto on Campagne loaf.

### Thai Tuna Salad

Light and tangy Tuna Salad made with fresh cilantro and basil with a hint of sweet clover honey and the zip of fresh lemon and black pepper and chunks of tomato and green onion. ......

# Turkey & Raita w/ Fresh Mint

Sliced turkey breast topped with fresh mixed greens and our creamy cucumber and fresh mint yoqurt spread, made with Brown Cow Humanely Certified Non-GMO Yoqurt on Campagne Loaf. 

### Farmhouse Chicken Salad Sandwich

Our Chicken Salad Recipe is from Grandma! We've created our Farmhouse twist by combining our oven roasted chicken breast with lots of crunchy celery, fresh parsley, Vegan Mayo and

### Q Bleu Chicken

Our own unique Buffalo Bleu taste with a snappy vinegar based sauce, creamy bleu cheese

# Virginia Ham Cubano

13.95

Bountiful combination of Virginia Ham from Padow's, here in Richmond, and pork, thinly sliced with dill pickles and Swiss Cheese, with a tangy contrast of sharp American mustard!

Now that finally (including Hanover) tomatoes are in, our BLT couldn't be better! Crisp Virginia bacon, crisp lettuce with light, better for you, homemade lemony Lemonnaise.

# AB&J VEGGIE NUTS

9.95

Almond Butter and locally made Blueberry Preserves, from Rocky Branch Farm in Jetersville, VA, on 9-Grain from Prairie Grain Bakery in Southside.

8.45

Avocado Toast or Hummus Toast. Simple but delicious! Both made in-house, on a slice of 9-Grain. Try Half of Each! Add our Oakwood Smoked Salmon + 4.75

# **TWOSOME**

12.95

# Half-Soup / Half-Salad / Half-Sandwich

Are you urban or are you farmhouse? Can't decide? Enjoy a taste of both - pick any twosome from a Half-Soup or Half-Salad or Half-Sandwich!

.....

Please Note: HALF CUBANO +50¢









1607

				160z
Cold War 🗉				9.25
Ginger, Garlic, Orange, & Carrot. S	Savory vege	etable juice	perfect for fighting off your win	ter's cold
Clean Green 🕞				9.25
Kale, Greens, Celery, Pear & Lemo great day!			help cleanse your system and st	art a
Juice Boost 🗉				9.25
Orange, Apple, Carrot, Kale & Gin natural boost to your day. Perfect			es wrapped up in one to give you	that
Dropping Beets 🗉 🗉				9.25
Beets, Orange & Carrot. Beets com your body needs.	ıplimented	with carro	ts and oranges to create that ene	rgy
Helen's Recipe 🗉 🗉	• • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •		9.25
Carrot, Apple, Lemon, & Ginger. S your outdoor adventures to stay l				efore
Build Your Own	• • • • • • • • • • • • • • • • • • • •	•••••		9.25
Customize your juice to how you				
Apple / Beets / Carrot / Garlic /			e / Lemon / Orange / Pear	
Iced Cold Brewed Coffee	16oz	00		
	4.55	20 oz <b>4.85</b>	FarmFrosts Our own delicious frozen blended	16oz beverages
COFFEE REFILL 1.15¢		4.85	FarmFrosts Our own delicious frozen blended Coffee or Vanilla	
COFFEE REFILL 1.15¢	4.55 4.75	4.85	Our own delicious frozen blended Coffee or Vanilla Caramel, Mocha, or	beverages
COFFEE REFILL 1.15¢		5.25 6.20	Our own delicious frozen blended <b>Coffee or Vanilla</b>	beverages 5.20 5.90
COFFEE REFILL 1.15¢  Iced Latte  Iced Mocha	4.75	4.85 5.25 6.20 6.20	Our own delicious frozen blended Coffee or Vanilla Caramel, Mocha, or Coffee Toffee FarmFrost Chai	beverages 5.20 5.90
COFFEE REFILL 1.15¢ Iced Latte Iced Mocha Iced Chai Latte	<b>4.75 5.70</b>	5.25 6.20	Our own delicious frozen blended Coffee or Vanilla Caramel, Mocha, or Coffee Toffee FarmFrost Chai Farmhouse Smoothies	5.20 5.90 6.30 5.90
COFFEE REFILL 1.15¢ Iced Latte Iced Mocha Iced Chai Latte Iced Dirty Chai Latte	4.75 5.70 5.70 6.90	4.85 5.25 6.20 6.20 7.30	Our own delicious frozen blended Coffee or Vanilla Caramel, Mocha, or Coffee Toffee FarmFrost Chai Farmhouse Smoothies Nutter Butter Banana / Ambros	5.20 5.90 6.30 5.90 sia Berri
COFFEE REFILL 1.15¢  Iced Latte  Iced Mocha  Iced Chai Latte  Iced Dirty Chai Latte  Iced Matcha Tea Latte	4.75 5.70 5.70 6.90	4.85 5.25 6.20 6.20 7.30 7.30	Our own delicious frozen blended Coffee or Vanilla Caramel, Mocha, or Coffee Toffee FarmFrost Chai Farmhouse Smoothies Nutter Butter Banana / Ambros Health Warrior Smoothie We're partnering with our good buddie	5.20 5.90 6.30 5.90 sia Berri 6.30
COFFEE REFILL 1.15 ¢  Iced Latte  Iced Mocha  Iced Chai Latte  Iced Dirty Chai Latte  Iced Matcha Tea Latte  Iced Coffee Toffee Latte	4.75 5.70 5.70 6.90 6.90	4.85 5.25 6.20 6.20 7.30 7.30	Our own delicious frozen blended Coffee or Vanilla Caramel, Mocha, or Coffee Toffee FarmFrost Chai Farmhouse Smoothies Nutter Butter Banana / Ambros	5.20 5.90 5.90 6.30 5.90 dia Berri 6.30 es and e with
COFFEE REFILL 1.15¢  Iced Latte  Iced Mocha  Iced Chai Latte  Iced Dirty Chai Latte  Iced Matcha Tea Latte  Iced Coffee Toffee Latte	4.75 5.70 5.70 6.90 6.90	4.85 5.25 6.20 6.20 7.30 7.30	Our own delicious frozen blended Coffee or Vanilla Caramel, Mocha, or Coffee Toffee FarmFrost Chai Farmhouse Smoothies Nutter Butter Banana / Ambros Health Warrior Smoothie We're partnering with our good buddie neighbors to bring you a new smoothie	5.20 5.90 5.90 6.30 5.90 sia Berri 6.30
Iced Latte Iced Mocha Iced Chai Latte Iced Dirty Chai Latte Iced Matcha Tea Latte Iced Coffee Toffee Latte Fresh Brewed Ice Tea	4.75 5.70 5.70 6.90 6.90 5.70 3.45	4.85 5.25 6.20 6.20 7.30 7.30 6.20 3.75 4.25	Our own delicious frozen blended Coffee or Vanilla Caramel, Mocha, or Coffee Toffee  FarmFrost Chai  Farmhouse Smoothies Nutter Butter Banana / Ambros Health Warrior Smoothie We're partnering with our good buddie neighbors to bring you a new smoothi berries, banana, fresh kale and Health	5.20 5.90 5.90 6.30 5.90 dia Berri 6.30 es and e with
COFFEE REFILL 1.15¢  Iced Latte Iced Mocha Iced Chai Latte Iced Dirty Chai Latte Iced Matcha Tea Latte Iced Coffee Toffee Latte Fresh Brewed Ice Tea  Fresh Brewed Flavored Ice Te	4.75 5.70 5.70 6.90 6.90 5.70 3.45	4.85 5.25 6.20 7.30 7.30 7.30 4.25 5.20	Our own delicious frozen blended Coffee or Vanilla Caramel, Mocha, or Coffee Toffee FarmFrost Chai Farmhouse Smoothies Nutter Butter Banana / Ambros Health Warrior Smoothie We're partnering with our good buddie neighbors to bring you a new smoothiberries, banana, fresh kale and Health chia seeds. Delicious and energizing! Farmhouse Shakes Made with Homestead Creamery Ice It's non-GMO antibiotics-free, horm	5.20 5.90 6.30 5.90 sia Berri 6.30 es and e with Warrior  Cream. one-free,
COFFEE REFILL 1.15¢ Iced Latte Iced Mocha Iced Chai Latte Iced Dirty Chai Latte Iced Matcha Tea Latte Iced Coffee Toffee Latte Fresh Brewed Ice Tea Fresh Brewed Flavored Ice Te	4.75 5.70 5.70 6.90 6.90 5.70 3.45 93 3.95 4.60	4.85 5.25 6.20 6.20 7.30 7.30 6.20 3.75 4.25 5.20 4.25	Our own delicious frozen blended Coffee or Vanilla Caramel, Mocha, or Coffee Toffee  FarmFrost Chai  Farmhouse Smoothies Nutter Butter Banana / Ambros  Health Warrior Smoothie We're partnering with our good buddie neighbors to bring you a new smoothiberries, banana, fresh kale and Health chia seeds. Delicious and energizing!  Farmhouse Shakes Made with Homestead Creamery Ice	5.20 5.90 6.30 5.90 sia Berri 6.30 es and e with Warrior  Cream. one-free,

A scoop of delicious Homestead Creamery ice cream

(your choice - vanilla or chocolate), topped with

2 shots of our steaming hot Espresso. Yummy!

Chocolate

\* Fresh Berries

Espresso or Mocha

6.30

7.45

7.45