SWEET TREATS

Freshly Baked Cookies 2	28
A Baker's Dozen of Oatmeal Raisin or Oatmeal	
Chocolate Chip (Gluten-free options available!)
Brownie Sheet	55
Great for birthdays and office celebrations!	
Serves 15–30 (Gluten-free options available!)	
Sweet Twosome	38
Enjoy both with half of each, Cookie & Brown	ie.
Serves 12–18 (Gluten-free options available!)	
Fruits of the Farm VEGGIE (NUTS)	52
Fresh strawberries with organic honey	
vanilla yogurt, served with sliced bananas	
and drizzled with our Sweet Balsamic Syrup	

Serves 8-10

almonds.

Cheeses & Fruits VEGGIE (NUTS)

and sprinkled with freshly roasted chopped

Selection of local and imported cheeses, perfect with a glass of one of our organic wines! Served with fresh, seasonal fruit and assorted breads. Serves 8-10

Charcuterie Plate

Selection of hand cut meats, sourced from Olli Salumeria in Mechanicsville, VA, and seasonal cheeses, with fresh breads from The Flour Garden, and a delicious dollop of local Chutney from Virginia Chutney Co., in Washington, VA. Serves 8-10

We're able to deliver our organic, biodynamic, sustainable or local wines and local and craft beers to accompany your farm fare. Please ask!



SNACK TIME*

Nuts & Seeds	¥2
An assorment of nuts, dried fruits and seeds.	
Choice of roasted almonds, raw walnuts,	
pistachios, raisins, craisins, and pumpkin see	ds.
Serves 8-10	
Snack Bars	52
A fun and delicious way to energize! Choose	
from Health Warrior, KIND, Fig Bar, and	
Clif Organic.	
Serves 8-10	
Chocolate Delight	59
Everyone loves chocolate! A combination of	
chocolate bars Ritter Sport, Chocolove,	
Divine and Justin's.	
Serves 8-10 * Availability may vary seasonally	
, tranability may tary couconally	

THE TROUGH

98

124

We're proud to work with Legacy Coffee Roasters in Hopewell, VA to offer Organic and Fair Trade Coffees from around the world. We also provide a delicious variety of organic and Fair Trade hot teas. All are served in an earth-friendly Trough. Includes 12, 80z. green cups, wooden stirrers, local hormone and antibiotic free milk, raw sugar, and natural low calorie sweetener. **26.95**

YOUR CHOICE OF ...

Organic and / or Fair Trade Coffee – Hot or Cold

Organic and / or Fair Trade Hot Tea

Fair Trade Iced Tea

100% Florida OJ with Lots of Pulp!

Coffee For A Crowd Serves 40, 80z cups.

*Rental fee extra. Available to serve up to 1500.

We offer a variety of delicious bottled beverages - from locally sourced spring water to all natural sodas, teas and juices.

109



CATERING Menu

LATE SPRING | April 25, 2024 - May 29, 2024



U LATE SPRING HOURS

Cary Street: Monday - Sunday: 7 am to 7 pm Edgeworth Building: Monday - Friday: 8 am to 3 pm Midlothian: Monday - Saturday: 8 am to 7 pm | Sunday: 8 am to 6 pm

We've always said (and we still do), if we can walk it, it's FREE! No Delivery Charges or Minimums. We now offer even more ways to get the great taste of our freshly made sandwiches, salads and soups! You can call 804.486.6925 or email cateringandevents@theurbanfarmhouse.net or go to our website to submit your order. Healthy and homemade coming your way!

Please give our Farmhands 48 hours notice for your order. (If you have a last minute request, always ask. We'll do our best to accommodate)!



BOX BREAKFASTS

Sandwich served with half-size	5
Fruits of the Farm.	10.95
Cage Free Egg &	VEGGIE
New England Cheddar w/ Fresh Chives	
Cage Free Egg &	VEGGIE
Local Veggie Sausage	
Virginia Country Ham & Cage Free Egg	
Virginia Bacon & Cage Free Egg	
Lox & Cream Cheese With Fresh Dill*	+4.75
Local Strawberry Preserves, Unsalted	Butter
& Assorted Fresh Baked Breads	VEGGIE
Fruits of the Farm – Served with Fresh	1
Baked Breads and Bananas VEGGIE	(NUTS)

Fresh strawberries drizzled with our Honey Vanilla Organic Yogurt, served with sliced bananas and also drizzled with our Sweet Balsamic Syrup and sprinkled with roasted almonds.



FARMHOUSE SOUPS

Ask about today's seasonal soup offerings. We have a variety of healthy, all natural soups. Nothing artificial, stocks made from scratch with fresh, hand-prepared veggies. No MSG or yeast extracts. No preservatives, additives, hydrogenated oils or modified food starches. Just yummy goodness!

8 OZ	7.95
12 OZ	8.95
32 OZ	22.45 - 26.45
Soup For A Group	125
Serves 15-20	
*Rental fee extra.	

BOX LUNCHES

Includes Whole Sandwich or Salad with Bread and served with choice of side Farmhouse Salad or side of Seasonal Fruits and freshly baked cookie. 17.45 Farmer's Grilled Cheese w/ Chives VEGGIE New England Cheddar sprinkled with fresh

Spring chives on Campagne loaf. **Fresh Spinach Hummus Sandwich** VEGGIE Spring Spinach w/ Feta Crème VEGGIE

Tarragon Tuna Salad

Mayonnaise-free tuna salad made with fresh tarragon, carrots, fresh Italian parsley and EV00, served on Praire Grain's 9-Grain bread. Turkey w/ Fresh Cilantro & Curry Yogurt Sauce Sliced turkey breast, organic mixed greens and cucumbers with a light, low-fat curried yogurt spread with fresh cilantro on Campagne loaf. -

Farmhouse Chicken Salad Sandwich

Our Chicken Salad Recipe is from Grandma!

VEGGIE (NUTS)

AB&J

Almond Butter and locally made Strawberry Preserves, from Rocky Branch Farm in Jetersville, VA, on 9-Grain from Prairie Grain Bakery in Southside.

Cubanos/Pimento +4.75 | Kettle Brand Chips +2.50 SUB Brownie or Blondie +1.00

SALADS

Farmhouse Salad	VEGAN
Strawberry & Spinach Salad w/ Almonds	VEGAN (NUTS)
Spinach & Baked Tofu w/ Miso Dresssing	VEGAN
Lemony Caesar Salad	VEGGIE NUTS

ADD OUR ANTIBIOTIC/HORMONE-FREE CHICKEN OR OUR HOUSE-MARINATED AND BAKED TOFU FROM TWIN OAKS. 4.75

FOR A CROWD Feel free to ask for gluten-free substitutes too!

HEN'S NEST

An assortment of our seasonal breakfast sandwiches, cut in halves, and arranged in our reusable "nest."

Small, serves 6-10	94.95
Medium, serves 15-20	189.95
Large, serves 25-30	259.95

PASTRIES & SWEET BREADS

Assorted Pastries & Sweet Bread A yummy assortment, freshly bake	
	U. VEGGIE NUTS
Full Loaf Banana Nut or Seasonal Bread Serves 8–16	VEGGIE (NUTS) 24.95
Homemade Bread Pudding Server Our unique recipe made with locally	

BAGELS	Kettle boiled, made from scra day with unbleached unbrom and no fats or preservatives, Cupertino's in the West End!	ated flour,
Bagel Bunch (13 Cheese)	3 bagels, 2 Tubs Any (20 05
Dozen & A Half	(18 bagels)	39.95
Baker's Dozen (13 bagels) 28.		28.95
		14.95
Plain Cream Ch	eese — 8 oz. Tub	5.75
Homemade Flavored Cream Cheese6.75Fresh Veggie / Cinnamon Raisin / Tangy Spring Herb – 8 oz. Tub6		6.75
Lox & Cream Ch	eese*	124

Lox & Cream Cheese*

Our own Farm-Fish version with Kosher Oakwood Smoked North Atlantic Salmon (no dyes or artificial preservatives), cream cheese, fresh dill and capers. Served open-face on baked that morning French style Campagne bread. We're happy to substitute with Cupertino's Bagels for \$12.95 Serves 8-10

ROOSTER'S ROOST

An assortment of our seasonal sandwiches, cut in halves or thirds and arranged in our reusable "nest" with fresh baked cookies from The Flour Garden.

Small, serves 6-10	104.95
Medium, serves 15-20	239.95
Large, serves 25-30	379.95

SAVORY

Farmhand Savory Bread Pudding 79.95

Baked in house our own special recipe! Made with breads from The Flour Garden and Prairie Grain Bakery, and a savory custard loaded with Veggie Sausage, lots of sharp cheddar and fresh green onions! Serves 9-18

GREEN PATCH

Half Size, ser	ves 6-10	57.95
Full Size, serv	ves 15-20	94.95

VEGAN

Mixed greens with grated carrots and radish and fresh Spring herbs, sprinkled with our Farmhouse Vinaigrette.

Caesar Salad

Farmhouse Salad

(NUTS) VEGGIE

Farmhouse style with raw walnuts and our eggless Caesar Dressing.

Please ask if you'd like to add our House Marinated & Baked Tofu or Oven Roasted Chicken.

HALF SIZE 26.95 FULL SIZE 38.95

Fresh Spinach Hummus & **Seasonal Veggies**



Our homemade Fresh Spinach Hummus, surrounded by loads of seasonal veggies and sliced French Baguette from The Flour Garden.